

Elizabeth Blair Kaiser

Registered Nurse

Round Hill, VA

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Authorized to work in the US for any employer

Work Experience

RN Operating Room Circulator

Inova Health System - Leesburg, VA

September 2019 to Present

Operating Room Nurses provide direct and individualized nursing care to patients based on the application of scientific nursing principles. In addition to general nursing care, responsibilities of OR Nurses include (but are not limited to):

- ▣ Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans
- ▣ Conducts pre- and post-operative education
- ▣ Serves as the communication liaison to family and members of the operating team
- ▣ Takes and monitors patients' vital signs
- ▣ Ensures that operating on correct patient and the correct procedure is being performed
- ▣ Provides basic, bedside care
- ▣ Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications. Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse
- ▣ Responds to life-saving situations based upon nursing standards and protocol
- ▣ Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- ▣ Preps operating room for patient/procedure
- ▣ Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology
- ▣ Monitors patients' physical and emotional well-being throughout the care continuum
- ▣ Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their post-treatment home care needs, self-administration of medication and rehabilitation
- ▣ Performs other position-related duties as assigned, depending on assignment setting

Operating Room Nurse

Advanced Surgical Center of Sunset Hills - St. Louis, MO

February 2018 to May 2019

Responsibilities

Provide care for patients before, during, and after surgical procedures. Patient educator, circulating nurse and/or scrub nurse.

As a circulator, work within the operating suite but outside of the sterile field;

- Conduct pre- and post-operative education
- Communicate with preoperative nurse to ensure continuity of care
- Serve as the communication liaison to family and members of the operating team
- Ensure that operating on correct patient and the correct procedure is being performed
- Provide basic bedside care

- Respond to life-saving situations based upon nursing standards and protocol
- Record all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- Prepare operating room for patient and procedure
- Initiate corrective action whenever information from monitoring equipment is not working properly
- Monitor patients' physical and emotional well-being throughout the care continuum
- Initiate patient education plan, as prescribed by physician
- Perform other position-related duties as assigned, depending on assignment setting
- Communicate with post-operative nurse for continuity of care

Surgical specialty in spine surgery; also in orthopedics, podiatry, ENT and pain management

Operating Room Nurse

Mercy Hospital - St. Louis, MO

April 2016 to May 2019

Responsibilities

Provide care for patients before, during, and after surgical procedures. Patient educator, circulating nurse and/or scrub nurse.

As a circulator, work within the operating suite but outside of the sterile field;

- Conduct pre- and post-operative education
- Communicate with preoperative nurse to ensure continuity of care
- Serve as the communication liaison to family and members of the operating team
- Ensure that operating on correct patient and the correct procedure is being performed
- Provide basic bedside care
- Respond to life-saving situations based upon nursing standards and protocol
- Record all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- Prepare operating room for patient and procedure
- Initiate corrective action whenever information from monitoring equipment is not working properly
- Monitor patients' physical and emotional well-being throughout the care continuum
- Initiate patient education plan, as prescribed by physician.
- Perform other position-related duties as assigned, depending on assignment setting
- Communicate with post-operative nurse for continuity of care

Surgical specialty in neurosurgery with occasional work in ortho, ENT, general, plastics, pediatrics, GU/GYN.

Operating Room Registered Nurse

St. Louis University Hospital - St. Louis, MO

October 2014 to April 2016

Responsibilities

Provide care for patients before, during, and after surgical procedures. Patient educator, circulating nurse and/or scrub nurse.

As a circulator, work within the operating suite but outside of the sterile field;

- Conduct pre- and post-operative education
- Communicate with preoperative nurse to ensure continuity of care
- Serve as the communication liaison to family and members of the operating team
- Ensure that operating on correct patient and the correct procedure is being performed

- Provide basic bedside care
- Respond to life-saving situations based upon nursing standards and protocol
- Record all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
- Prepare operating room for patient and procedure
- Initiate corrective action whenever information from monitoring equipment is not working properly
- Monitor patients' physical and emotional well-being throughout the care continuum
- Initiate patient education plan, as prescribed by physician.
- Perform other position-related duties as assigned, depending on assignment setting
- Communicate with post-operative nurse for continuity of care

Duties as a scrub OR nurse, handle and prepare operating instruments and equipment within the sterile field.

Surgical specialties include orthopedic-trauma, neurology, ENT, GI/GU, vascular, general, plastics, ophthalmic, orthopedic-spine, trauma and cardiac. Graduate of an accredited nursing program

Student RN Preceptee

Cheyenne Regional Hospital & VA Hospital - Cheyenne, WY
February 2014 to March 2014

Cheyenne Regional Emergency Department and Urgent Care:

Admitted, assessed and discharged patients based on acuity

- Extensive experience establishing IV access, IV fluid starts, foley and straight catheters, medication administration, all under RN preceptor supervision.
- Effectively communicated with physicians and other members of the healthcare team
- Provided empathetic support to patients and families

Cheyenne Regional Medical Center Urgent Care (40 hours)

- Administered vaccinations and medications under RN preceptor supervision
- Performed tests for Strep, Mono, EKGs, blood and urine samples for occupational medicine services, pulmonary function tests, respirator fit tests, and drug screenings

Africa Country Desk Assistant Officer

Peace Corps Headquarters - Washington, DC
May 2005 to November 2005

Responsibilities

Acted as liaison between Peace Corp's HQ and country offices in Senegal, Mauritania, The Gambia, and Cape Verde. Advised future Peace Corps volunteers and their families on expectations, addressed concerns and provided country specific information. Assisted with 3-day volunteer orientation conferences. Monitored security issues in countries and communicated between volunteers and their families during times of crises. Collaborated with country office directors and country desk officers in weekly teleconferences to address issues and concerns.

Southern Africa Program Assistant

Heifer International - Little Rock, AR
December 2003 to December 2004

Reviewed project proposals from field offices in 5 countries in Africa with budgets between \$50k to over \$1 million each and carried through approval process; maintained database (avg. 15-35 projects per country); processed and reviewed project reports, quarterly reports, spreadsheets; supported field

offices in policies, procedures, programmatic issues and training; traveled to field offices and project sites to conducted reviews; organized conferences and trainings; coordinated and prepared publications (programs, newsletters, in-house publications); coordinated and reviewed country programs' strategic plans and program reviews.

Volunteer

Peace Corps

May 2001 to November 2002

Cote d'Ivoire, West Africa: Coordinated curriculum and teaching improvements between Ministry of Education and rural schools. Generated funding to build a watertower with three water pumps. Raised \$10,000 in grants and fundraising to construct an elementary school. Created adult literacy classes, organized public HIV/AIDS education programs, helped school in building and running a money-generating chicken farm, educated villagers on health and nutrition.

Education

Bachelor of Science in Nursing

University of Wyoming - Laramie, WY

2012 to 2015

Associate in Nursing

Laramie County Community College - Cheyenne, WY

May 2014

Master's in Technical and Expository Writing

University of Arkansas at Little Rock - Little Rock, AR

January 2003 to June 2003

Bachelor of Arts in French Language

University of Arkansas - Fayetteville, AR

1996 to 2000

Wilderness First Responder

Wilderness Medicine Institute

2000

Nursing Licenses

RN

State: MO

Skills

- Operating Room
- RN

Certifications and Licenses

ACLS/BLS/CPR Certification

June 2018 to June 2020

Missouri RN License

June 2014 to Present

#2014020977

Nurse's License: Class: RN, State: MO

Groups

American Nurses Association

2012 to Present

Association of Operating Room Nurses

February 2015 to Present

Additional Information

U.S. Air Force Key Spouse/Family Support Program, U.S. Air Force Key Spouse Mentor Program