

# **MICHELLE SHELLENBERG MSN, RN, CST**

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11632 State Route 143  
Highland, IL 62249  
michelle.shellenberg@aim.com  
618-406-5565

## **PROFESSIONAL PROFILE**

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*Illinois and Missouri licensed, Master's prepared Registered Nurse, offering 20+ years of healthcare experience to a wide variety of patient populations. Highly skilled and motivated professional with a commitment to enhancing the quality of patient care.*

## **STRENGTHS**

- Self-motivated healthcare professional with a commitment to providing quality nursing care through therapeutic methods of communication and evidence-based practice
- Excellent communication skills, both written and verbal
- Demonstrated proficiency of organizational and multi-tasking skills with the ability to prioritize urgent treatments, busy workloads, and the need for delegation
- Ability to remain calm and respond quickly in emergent and difficult situations within a high-stress environment
- Demonstrates respect for authority and fellow healthcare professionals
- Strong work ethic – welcomes constructive criticism and hungers for the opportunity to learn new skills, techniques, and advances in healthcare
- Extensive knowledge of medical terminology, pharmacology, and interventions through hands-on experience

## **ACADEMIC BACKGROUND**

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### **Western Governor's University, Salt Lake City, Utah**

*Master of Science in Nursing – Education, March 2019*

### **Mercy Hospital, Chesterfield, Missouri**

*Heart Hospital-Critical Care Fellowship, October 2012-March 2013*

*Emphasis: Cardiovascular/Cardiothoracic Intensive – didactic and practicum*

### **Goldfarb School of Nursing at Barnes-Jewish College, St. Louis, Missouri**

*Bachelor of Science in Nursing, August 2012*

*Cum Laude Honors*

### **Nevada Career Institute, Las Vegas, Nevada**

*Surgical Technology, Diploma 1999*

### **Externship for Surgical Technology Program**

*Operating Room- Jewish Hospital, St. Louis, Missouri, 1999*

## **ACADEMIC HONORS:**

Deans list 2 consecutive years (6 semesters) 2009-2011

Inducted: Phi Theta Kappa Honors Society - Theta Epsilon Chapter, 2009

Inducted: Sigma Theta Tau International Honor Society of Nursing, 2013

## **PROFESSIONAL EXPERIENCE**

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**Travel Registered Nurse**, Neonatal Intensive Care Unit (NICU-L3)  
**Carle Foundation Hospital**, Urbana, Illinois  
02/2022-05/2022 – completed 13 week assignment

**Registered Nurse**, Neonatal Intensive Care Unit (NICU-L3) /Neonatal Resuscitation Team  
**SSM-St. Mary's Hospital**, Richmond Heights, Missouri  
2017 - present

**Registered Nurse**, Perioperative Services/Critical Care, Operating Room  
**HSHS-St. Joseph's Hospital**, Highland, Illinois  
2014 - 2017

**Registered Nurse**, Cardiovascular Intensive Care Unit (CVICU)  
**Mercy Hospital**, Chesterfield, Missouri  
2012 - 2014

**Certified Surgical Technologist**, Operating Room

**Memorial Hospital**  
2003 - 2011  
Belleville, Illinois

**Cardinal Glennon Children's Hospital**  
2001 - 2003  
Saint Louis, Missouri

**Oliver C. Anderson Hospital**  
1999 - 2001  
Maryville, Illinois

## **LICENSURE/CERTIFICATIONS**

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**Registered Nurse (RN), State of Illinois, #041435005**

**Registered Nurse (RN), State of Missouri, #2012034570**

**Certified Surgical Technologist, #143650**

**ACLS BLS NRP PALS STABLE**

**Certificates of Completion:** SSM Cardinal Glennon Children's Hospital Critical Care Course, AORN Periop 101: Core Course, Culturally Competent Nursing Care, Crisis Prevention and Intervention, Diversity in Healthcare, Moderate Sedation, HIPPA Compliance

## **PROFESSIONAL AFFILIATIONS/COMMITTEES**

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### **Member:**

- AORN-Association of Operating Room Nurses, #553989
- AST-Association of Surgical Technologists, #32263
- ENA-Emergency Nurses Association, #806424
- AACN-Association of Critical-Care Nurses, #12400139

### **Professional/Organizational Involvement:**

- CARE in our Community in affiliation with Washington University School of Medicine
- SJH-OR Preceptor training/orientation program - (AORN emphasis)
- RN Fellowship program – St. Joseph's Hospital, Highland
- TeamSTEPPS® Instructor - (facility level)
- Project Unity – EPIC EHS implementation committee
- Interdepartmental Communications Committee
- Perioperative Patient Education – (materials development)