

ZENIA FERNANDES

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Professional Profile

Dedicated RN with more than 8 years of experience within acute care/medical-surgical/ stepdown/ hemodialysis/ emergency room/ ICU/ home health. Seeking a position where I can offer a solid foundation in critical care nursing, pharmacology, phlebotomy, medication administration, wound/ostomy care and current healthcare advancements.

Qualification Summary

Known as a loyal team player with an unwavering commitment to providing quality care and preventive medicine advocacy. Available for day/weekend shifts and willing to change schedule to cover additional shifts as needed.

Skills

Hemodialysis	CRRT
Case / Patient Management	Medication Administration
Data Collection / Analysis / Reporting	Venipuncture
Data Management & Documentation	Wound/Ostomy Care
Healthcare Education/Preceptor	G-tube/NG-tube maintenance
Phlebotomy	Infection control

Education

Medical Careers Institute, School of Health Science of ECPI University January 2013
Virginia Beach, Virginia
Associate of Applied Science Degree in Registered Nursing

Medical Careers Institute, School of Health Science of ECPI University October 2007
Virginia Beach, Virginia
Practical Nursing Diploma

Certifications and Accreditations

Registered Nurse (September 2022)
Basic Life Support for Health Providers (September 2022)
Advanced Cardiac Life Support (July 2022)

Employment History

Favorite Staffing December 2021- March 2022

- Step down/ ICU
- Monitor, evaluate and document patient progress
- Administer treatments
- Documents patient status at the time of admission, transfer, or discharge from the ER in the EMR (Cerner, PCC, McKesson).
- Identify the frequent changes in patients condition and treat per hospital policy and procedures and doctor orders.
- Monitor, record and updated patient vital signs and lab results.
- Experience with Pyxis medication distribution system

Krucial Staffing

Emergency Response Registered Nurse

March 2020 – February 2021

- COVID-19 Emergency Response (New York and Texas)
- Step down/ Tele/ ICU
- Monitor, evaluate and document patient progress
- Administer treatments
- Documents patient status at the time of admission, transfer, or discharge from the ER in the EMR (Cerner, PCC, McKesson).
- Identify the frequent changes in patients condition and treat per hospital policy and procedures and doctor orders.
- Monitor, record and updated patient vital signs and lab results.
- Experience with Pyxis medication distribution system

Eastern State Hospital.

January 2020- March 2020

Forensic Nurse.

- Medication side effects
- Therapeutic nurse/patient relationship
- Counseling, Suicide and self harm risk assessment
- Psychosomatic Medication Interactions
- PTSD
- Intake

Vidant Chowan Hospital

November 2019- January 2020

Intensive care unit

- Monitor, evaluate and document patient progress
- Administer ordered treatments
- Documents patient status at the time of admission, transfer, or discharge from the ER in the EMR.
- Identify the frequent changes in patients condition and treat per hospital policy, procedures and doctor orders.
- Monitor, record and updated patient vital signs and lab results.

Vidant Chowan Hospital

Emergency Room Registered Nurse

March 2018- October 2019

- Documents patient status at the time of admission, transfer, or discharge from the ER in the EMR.
- Experience with Pysix medication distribution system.
- Management of care and proper PPE use with patients under contact, droplet, and airborne precautions.
- Monitor, evaluate and document patient progress
- Administer treatments
- Identify the frequent changes in patients condition and treat per hospital policy and procedures and doctor orders.
- Monitor, record and update patient vital signs and lab results.

DaVita

September 2016- February 2020

Registered Nurse/ Clinical coordinator

- Implement policy and procedures
- Evaluate personnel and prepare daily reports
- Assist with recruitment, consenting, screening and enrollment of personnel
- Employ financial acumen in budgeting and expenditure
- Ensure that stock levels are adequate, and orders are placed on time
- Manage staffing across multiple hospitals based upon frequently changing patient census
- Provide hemodialysis based in an acute care setting
- Schedule hemodialysis treatment based upon their acuity level
- Multitask in a fast-paced environment documenting on multiple patients
- Analyze and track lab values
- Perform and document water quality checks
- Travel to different hospitals when assistance is needed

Anthem

Registered Nurse/Utilization Review Specialist

January 2015- September 2016

- Leverages clinical knowledge, business rules, regulatory guidelines and policies and procedures to determine clinical appropriateness.
- Maintains confidentiality of member and case information by following corporate and divisional privacy policies.
- Completes case documentation according to regulatory standards and clinical procedures.
- Accepts responsibility for and completes special projects or reports as assigned.

Family First Home Healthcare

Registered Nurse

October 2014- January 2015

- Performs supervisory visits to ensure personnel are in compliance with policy
- Complete the new client admission process and DMAS required paperwork
- Complete a monthly, bi-annual and annual basis for patient assessment to determine the need for on-going home health care

Licensed Practical Nurse

December 2007- September 2014