

# Kimberly Ann Meza

## **Registered Nurse**

Escondido, CA 92026

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858-945-7749

Experienced nurse in search of a temporary, part time, or per diem RN position where I can utilize my nursing education, professional customer service, patient care skills and compassionate nature to provide excellent care to all patients, their families and the community.

Authorized to work in the US for any employer

## Work Experience

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### **Medical Intensive Care Unit Registered Nurse**

Sharp HealthCare - San Diego, CA

October 2020 to Present

- Caring for intubated patients needing ventilator support
- Titrating blood pressure supporting drips and monitoring vital signs to maintain desired parameters
- Monitoring patients receiving continuous sedation and paralytic medications
- Using critical thinking skills to care for critically ill patients

### **Advanced Clinician - Medical Transplant PCU**

Sharp HealthCare - San Diego, CA

June 2015 to October 2020

- Delivering care to patients being evaluated for/have, left ventricular assistive devices (LVADs)
- Preparing and caring for the post operation of heart and kidney transplant donors/recipients
- Caring for patients with tracheostomies and ventilators
- Administering intravenous drips such as: milrinone, dobutamine, amiodarone, heparin, patient controlled analgesia
- Using PowerChart and Cerner for medication administration and inputting orders
- Acting as a resource nurse, preceptor and mentor for new hires and nurses
- Floating to different progressive care units on an as needed basis

- Acting as a relief charge nurse and leading a team of up to 11 nurses and 3 aides

### **Inpatient Mental Health Registered Nurse**

Veteran Affairs La Jolla - La Jolla, CA

September 2014 to June 2015

- Providing care to those admitted to the inpatient mental health unit, floating between the: 9-bed senior behavioral health unit, 14-bed closed (locked) psychiatric intensive care unit and 15-bed locked step down unit
- Admitting, evaluating and treating patients with: neurobehavioral impairments, some type of dementia, acute exacerbations of schizophrenia, bipolar disorders, major depression, substance abuse, or those dually diagnosed

- Actively participating in treatment teams consisting of: an attending staff physician, psychiatric nurse, social worker, recreation therapist, occupational therapist, & pharmacist
- Assisting treatment teams in providing patients with a structured treatment program and supportive environment that employs educational and process groups, individual therapy, medication management and education, medical treatment and nursing cares

### **Intermittent -Registered Nurse**

Palo Alto Veteran Affairs Health Care System - Palo Alto, CA

June 2013 to September 2014

- Floating between the hospice and short-stay/subacute/community living center units and caring for assigned residents
- Administering medications including but not limited to: patient controlled analgesia, gastrostomy, oral, subcutaneous, topical, ophthalmic, intravenous pushes
- Utilizing electronic medication and its templates for: skin assessments, admissions, patient education, pain assessments, wound care, discharges, etc.
- Caring for residents with: life-threatening diagnoses, pre/post-surgery, intravenous antibiotics, amputations; undergoing: chemotherapy, radiation, hyperbaric treatments;
- Performing minimum data set (MDS) assessments, actively learning about and currently in the process of obtaining MDS RAC-CT certification
- Administering PICC/central/peripheral line fluids including but not limited to: total parenteral nutrition, lipids, magnesium, potassium, hydration
- Actively participating in: devising patient education templates for the unit, acting as a super user for various evidenced based practice trials, helping in creating non pharmacological intervention barcodes for BCMA carts, unit in-services for current hospital practices (i.e., mist therapy, unit crash carts, glucometers)
- Broadening knowledge of patients being taken care of on the unit by obtaining certifications in: adult critical care series and chemotherapy & biotherapy providers

### **Part time/Per Diem- Sub Acute Nurse/Charge Nurse**

Amberwood Gardens - San Jose, CA

November 2008 to January 2014

- Leading and managing a staff consisting of 6 certified nurse assistants, and three to 6 licensed nurses
  - Caring for ventilator dependent patients, as well as those with tracheostomies
  - Participating as a member of an interdisciplinary team, acting as a patient advocate between physicians, social worker, dietician, and therapists
  - Administering medication including but not limited to: oral, gastrostomy, jejunostomy, nasogastric, intravenous line, topical, ophthalmic, inhalation, subcutaneous, intramuscular routes
  - Utilizing computer skills, inputting and managing daily physician telephone orders into Accucare and PointClickCare
  - Contributing to the plan of care, overseeing and updating minimum data set assessments
  - Being responsible for admitting and discharging patients
- LVN/Charge Nurse. Float Nurse. Full time (40hrs/week)
- Supervising 6-8 certified nurse assistants and generating daily staff schedule to provide safe patient care
  - Administering medication including but not limited to: oral, gastrostomy, jejunostomy, nasogastric, topical, ophthalmic, inhalation, subcutaneous, intramuscular routes

## **On Call - Registered Nurse**

Staffing of San Diego - San Diego, CA  
September 2012 to September 2012

Per Diem-Registered Nurse (4-8/hrs/week)

- Reporting to various health care facilities (i.e., flu clinics, hospitals, skilled nursing facilities) and working as a registered nurse, on an as needed basis
- Participating in various health care facility training classes to prepare for assignments in the local hospitals (i.e., Sharp's Cerner Program, Alvarado Hospital's Med Series 4, etc)

## Education

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### **Master's degree in Nurse Leadership and Management**

Capella University - Minneapolis, MN  
October 2020 to Present

### **Bachelor of Science Degree (BS) in Nursing**

California State University-Chico - Chico, CA  
June 2008 to December 2011

### **Associate's Degree in Nursing**

Mission College - Santa Clara, CA  
August 2005 to June 2008

## Nursing Licenses

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### **RN**

Expires: August 2021

State: CA

### **RN**

## Skills

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- Med Surg
- RN
- Hospital
- Staff Nurse
- Medication Administration

## Certifications and Licenses

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### **Public Health Nurse Certificate**

August 2013 to August 2021

### **Certified Nurse Executive (AANAC)**

September 2013 to September 2017

### **Advanced Cardiac Life Support (ACLS)**

June 2013 to June 2021

### **Basic Life Support/CPR-BLS**

March 2013 to March 2021

### **Adult Critical Care Series Certification of Completion**

November 2013 to May 2014

Via the Stanford Critical Care Certificate Program. Classes include:

- 1) Neurologic Dysfunction
- 2) Cardiothoracic Surgical Interventions
- 3) Essentials for the New Trauma Critical Care Nurse
- 4) Cardiac Dysfunction
- 5) Metabolic Dysfunction
- 6) Pulmonary Dysfunction

### **PCCN**

March 2018 to March 2021

## Assessments

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### **Clinical Judgment — Proficient**

October 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Proficient](#)

### **Electronic Health Records: Best Practices — Proficient**

October 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use.

Full results: [Proficient](#)

### **Medical Terminology — Proficient**

October 2020

Understanding and using medical terminology.

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Groups

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### **American Association of Nurse Assessment Coordination**

January 2014 to Present

### **National Nurses United**

June 2013 to Present

**American Nurses Association**

May 2014 to Present

Member ID: 02514914

**Sigma Theta Tau Honor Society**

September 2020 to Present