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Professional Summary

Top-performing Registered Nurse with 23 years' experience in the healthcare industry. Skilled in providing Telemetry, Post Op Cardiac, and ED/Trauma care. With exceptional experience working in urgent and high patient volume settings. Credited with facilitating treatment activities, industry best practices across diverse, underserved populations. The reputation of assessing individual patient needs and implementing unique solutions in line with those unique needs.

Areas of Expertise

- Diagnostic tools familiarity Seasoned in all clinical procedures
- BAC screening/drug screen collection understanding

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- Quality Assurance
- Culturally competent care Adept at prioritizing / managing deadlines
- Patient evaluation / intervention Patient-focused management
- Telemetry care
- IV drug therapy management
- Critical care
- Diabetic and Cerebral Vascular Accident care
- Post op Cardiac recovery care
- BLS Healthcare provider
- Emergency care
- Trauma care
- Hospice and palliative care experience
- Professional bedside manner
 Hospice philosophy comprehension
 Patient Care Specialties as listed above
 Intravenous therapy comprehension
- PALS, ACLS, BLS currently certified
- Public speaking
- TNCC- credentialed for 14yrs exp 9/16

Work History

Registered Nurse Weekend Supervisor

09/2019-current

Generations Healthcare - Lompoc Skilled Nursing and Rehabilitation Center

Lompoc California

- -Take and cover sick calls
- -Deal with unusual situations that would occur, such as boiler alarms.
- -Cover areas that are short of staffing.
- -Make sure patients' wound care is carried out on weekends.
- -Falls assessed by RN paperwork implemented for falls witnessed or unwitnessed.
- -Evaluated residents that needed to be transferred to the ER.
- -Reported any on the job injury that occurred. Implemented paperwork for.

Vocational Nursing Instructor

10/2018 - 6/2019

Santa Barbara Business College – Santa Maria California

Santa Barbara Business Conege Santa Maria Camornia

- Instructor for Classroom, Clinical and Nursing Lab Procedures
- Teach Medical Terminology
- Anatomy and Physiology
- Pharmacology Math
- Nursing Care Plans and Assessment of Patients
- Erickson stages of life
- Clinical Instruction

Staff Nurse Pediatrics

Santa Barbara County - Lompoc, California

I also learned the Epic Ochin operating system, implemented by Santa Barbara County's: Public health department

- Authorized medication refills and provided detailed prescription information to pharmacies.
- · Performed monthly inventory of medication supplies and immunization supplies.
- · Scheduled patient appoints with PHD and Specialists if necessary and reinforced discharge instructions.
- · Followed infection control procedures.
- · Delegated medical assistant duties as needed.
- · Participated in unit-based Quality Assurance Program.
- · Telephone triaged calls and prioritized, based on the severity of situation or patient's

condition. · Submitted referrals for authorizations to specialists, for specialized procedures ·

Managed pediatric case files and any necessary follow-up needed.

- · Submitted for approval imaging services, laboratory testing, and medications not on the formulary.
- · I learned the Centricity and Horizon software being utilized by the County of Santa Barbara.

Registered Nurse Clinician

08/2016 to 01/2017

Planned Parenthood of CCC (SBVSLO) – Santa Barbara, Ca. 93101

Reproductive Healthcare experts:

- Documented patient information obtained from interviews.
- Assessed patients and documented their medical histories.
- Evaluated patient care needs, prioritized treatment, and maintained patient flow.
- Assess patients for hormonal contraceptives. Teach clients regarding different types of contraceptives.
- Assess patients' need for STI testing, high risk behavior for certain STI\'s. Teach clients what is considered high risk for each STI and when and if testing is necessary. Cancer screening for both men and women
- Assess patients for and teaching of Pregnancy Prevention. Encourage contraceptive use in prevention of unwanted pregnancy. Teach signs and symptoms of pregnancy both normal and abnormal and when to have pregnancy testing done.
- Provide teaching of all avenues available for a positive Pregnancy test
- Pregnancy to term assist client to obtain higher level of specialty care (OB) and teaching for continuing a healthy pregnancy and what community programs are available to help with both a healthy and successful term pregnancy
- Pregnancy undetermined teach client regarding Adoption alternative and provide educational pamphlets and contact info for best informed decision. Also teaching done and educational material given regarding Medical and Surgical Abortion the time frame in which each can be performed, and patient encouraged to review educational material at a later time and to return or call with any questions prior to setting a procedural appt.
- To provide clients with a safe non-life-threatening Abortion if chosen.

Contracted for United Launch Alliance, as Registered Nurse $\,$ 09/2015 to 06/2016 YOH a Day Zimmerman LLC - VAFB

Contracted for United Launch Alliance as a Registered Nurse by YOH. Once or twice a month we would arrive at ULA to do yearly physicals on their employees. We check vital signs, ht/wt ratios, BMI, vision & hearing testing and a urinalysis. Then the doctor sees the pt. for physical assessment and to f/u regarding any chronic dx they may have. I've been with YOH for eight months. It is a nice monthly clinic and you get to know the clients.

Contracted Registered Nurse at 30th Medical VAFB

01/2016 to 05/2016

Washington - Harris Group - VAFB

Contracted Registered Nurse position. WHG had the contract initially and the person they had contracted for the position took a GS position so WHG needed someone to finish the contract in order to be compensated for it. I took the position with the understanding that the next company would keep me on. Started the onboarding process with next contractor a few days prior to the end of this contract when was noticed that WHG did not have me finish some of the requirements that VAFB was requiring (like a flu shot in April) to be working there. BLS came due because neither contracting company wanted to be responsible for the cost to cover the requirements nor would 30th medical let me utilize their clinic in order to get

requirements completed. As I was incurring all the costs as personal expenses to work there and I had to find an employment medical clinic on my own so that no MD orders would be needed for the flu shot, that was when 30th medical decided I was taking too long. And halted my return. Loyal source Govt Serv. I signed the contract but never really worked for them.

Registered Nurse

08/1998 to 02/2015 Marian Regional Medical Center - Dignity Health — Santa Maria Ca. 93455

Started at this Hospital as a CNA and had applied to Nursing school. Became a Unit Clerk right away and monitor observer right away a good thing since accepted into SBCC in October of 1998 2yrs ahead of schedule. All time off from school was working at Marian, usually in the CCU as the UCMO. Once done with nursing school continued with Marian even though other hospitals were offering sign on bonuses, Marian did not. About 1.5 yrs. on telemetry. Transferred to CCU/Cardiac Care Unit spent 7.5 years total there. Then to Trauma/ER the last 5 years. Done almost everything you can do as a nurse with exception of doing chemotherapy drugs. Worked with vent patients who were on Svo2 monitors utilizing Central Line catheters in both neck and groin areas. Use of A-lines on monitor and to do abg's along with using for routine labs. Taking care of patients on IABP, Tracheostomy patients on vents. Patients on several cardiac drips at once such as your post op CABG pt. Had pt. in the ER come in with SCD being resuscitated and actually make it and others who did not.

- Responsible for primary care, case management, and medication management.
- Assessed patients and documented their medical histories.
- Assisted doctors with surgeries and non-invasive procedures
- Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer's and Paget's disease.
- Authorized drug refills and provided detailed prescription information to pharmacies.
- Collected blood, tissue and other laboratory specimens and prepared them for lab testing.
- Performed monthly inventory and maintained office and medical supply counts.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Routinely retracted patient throat cultures and prepared them for lab submission.
- Skillfully performed suture removals for patients of all ages.

Education

Master of Science: Nursing

Walden University - Minneapolis, Minnesota

Program RN - BSN - MSN- NP- as afforded - was to resume spring 2018 after the yearlong probationary period of new job was concluding.

Associate of Science: Nursing 2001

1998

Santa Barbara City College - 95076, CA

Associates Degree in Nursing program Graduated - 2001

Associate of Science: Prerequisites for Associates Nursing Program

Allen Hancock College - Bradley Rd., Santa Maria Ca 93455

Fulfilled all Prerequisites for various applications to surrounding Associate Degree Nursing programs.

- Awarded Certified Nursing Assistant
- Awarded Invitation by the Dean, Academic Affairs, the Consortium for International Education, and the California Coast Study abroad Consortium, to study abroad on two separate occasions for academic improvement and excellence.
- Awarded Invitation by Dean, Academic Affairs to Intern and Study in Washington DC extended for my academic excellence.
- Dean's Honor List Spring Semester 1998 Summer Semester 1998
- Member of Alpha Gamma Sigma California State Community College Honor Society.