Carolina Gardner

RN, PHN, BSN Highland, CA 92346

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Authorized to work in the US for any employer

Work Experience

RN Travel Nurse

Active Staffing Resources Inc, - Cerritos, CA December 2020 to Present

Providing care for (2) to (4) critically ill patients at acute care facilities on ICU, DOU, Telemetry, and Covid-19 units.

RN Travel Nurse

ESP Personnel - Thousand Palms, CA February 2020 to Present

Providing care for (3) to (4) critically ill patients at an acute care facility in Southern California on DOU, ICU, and Telemetry units. Recent experience in crisis management of COVID-19 patients.

Registered Nurse (ICU)

Kindred Hospital Riverside - Perris Valley, CA February 2008 to Present

Medications, wound care, trach and vent care. Code Blue and rapid response team. Admission, discharges. Patient / family teaching. Providing PICC and CVC line care. Providing advanced nursing care for (1) or (2) critically ill patient per shift. Monitoring of mechanical ventilator alarms, oxygen delivery systems, and continuous cardiac monitoring. Specimen collection, identify and report abnormal lab values, administer, maintenance, and titration of vasoactive drips, IV hydration solutions, blood and blood products, heparin and insulin drips, and wound care.

ACCOMPLISHMENTS: Acquired ventilator/trach certification, Basic and Advanced Critical Care Certification, Basic and Advanced Antiarrhythmic Certification, 12-Lead EKG, Hemodynamic Monitoring, Wound Care Certification, Wound Care Certification, PICC Line Certification, Infection Control Certification, and Stroke Recognition Certification.

SKILLS ACHIEVED: Developed excellent organizational and time management skills. Acquired critical care thinking, efficient communication skills, and problem solving skills while employed with this company.

RN Supervisor

Legacy Post-Acute Rehabilitation Hospital - San Bernardino, CA November 2015 to February 2020

Supervision of CNA's, LVN's, and RT's in patient care areas. Directing activities of the nursing staff. Assisting and directing patient assignment as appropriate. Collaborating with physicians as needed. Provide direct care with emergency situations. Administer IV medications that include TPN, PPN, hydration, and antibiotic therapy. Daily assessment, discharges, and admissions. Communicating

effectively with families and patients. Able to provide positive mentorship and fairly evaluate the performance of the staff nurses.

ACCOMPLISHMENTS: Acquired Director of Staff Development Certification while employed with this company.

SKILLS ACHIEVED: Developed supervising skills for a multiple population of nurses and staff that includes: LVNs, CNAs, RTS, and RNAs.

Registered Nurse

San Gorgonio Memorial Hospital - Banning, CA September 2012 to October 2015

ICU / DOU Staff Nurse: Providing care to critically ill patients that require continuous cardiac monitoring, tracheostomy and ventilator dependent patients, acute and chronic respiratory failure patients, administering cardiac medications, vasoactive, and sedations. Providing care for patients that require CVP monitoring, newly intubated and extubated patients. Administering blood and blood products, heparin and insulin drips, TPN, and IV hydration solutions.

ACCOMPLISHMENTS: Acquired Basic Critical Care Certification while employed with this company. SKILLS ACHIEVED: Developed effective critical care knowledge while employed with this company.

Registered Nurse / Licensed Vocational Nurse

Nurse Staffing Inc. - Riverside, CA July 1998 to September 2012

Staffing various hospitals as contract registry nurse. Units included: PCU, SICU, DOU, Med-Sur, Ortho, and Mental Health. Responsibilities included total patient care, medication administration, and wound care. ACCOMPLISHMENTS: Started and completed the Registered Nursing Program while employed with this company.

SKILLS ACHIEVED: Able to adjust to new facilities and collaborate with hospital staff and physicians effectively.

Licensed Vocational Nurse

Westways Staffing Services - San Bernardino, CA December 1994 to June 1998

Staffing various hospitals, mental health facilities, nurse visits to home bound patients. Duties included wound care, medication administration, monitoring vital signs, blood glucose levels, and monitoring progression of health.

ACCOMPLISHMENTS: Provided wound care techniques with reduction in staging of wounds, and blood glucose monitoring with 100% return demonstration from clients.

SKILLS ACHIEVED: Able to work independently and make appropriate decisions when performing duties without close supervision. Able to adjust to new facilities and collaborate with hospital staff and physicians effectively.

CNA - Certified Nursing Assistant / Licensed Vocational Nurse

Woodruff Community Hospital - Long Beach, CA March 1987 to December 1994

Responsibilities were providing TNC for clients with trach care, wound care, traumatic brain and spinal cord injuries, non-healing wounds, and respiratory failure

ACCOMPLISHMENTS: Completed Vocational Nursing Program while employed with this company and received Wound Care Associate Certification while employed with this company.

SKILLS ACHIEVED: Assessment of wounds with staging and treatment protocol. Able to identify types of wounds and provide appropriate treatment to faster healing, and a reduction of in-house wounds.

Clinical Medical Assistant

Imperial Medical Group - Los Angeles, CA September 1985 to February 1987

Assisting MD with minor procedures, weights, vital signs, phlebotomy, specimen collection, and vaccines. ACCOMPLISHMENTS: Obtained phlebotomy certification while employed with this company.

SKILLS ACHIEVED: Excellent blood withdrawal and venipuncture skills.

Education

Bachelor of Science in Nursing

Western Governors University - Salt Lake City, UT June 2016 to December 2019

Associate of Science in Nursing in Registered Nurse

Excelsior College - Albany, NY September 2008 to September 2010

Associate of Science in Nursing in Licensed Vocational Nurse

Pacific Coast College of Nursing - Los Angeles, CA December 1985 to July 1987

Diploma in Clinical Medical Assistant / Hemodialysis Technician

Southland Career College - Los Angeles, CA August 1984 to July 1985

Diploma in Nurse Assistant / Home Health Aide

Nova Career Academy - Los Angeles, CA June 1984 to July 1984

Diploma (High School) in Basic / General Education

Varnado High School - Varnado, LA August 1980 to May 1984

Nursing Licenses

RN

Expires: October 2022

State: CA

RN

Expires: December 2021

State: MS

Skills

- Protouch, HMS, McKesson, Medi-Tech, Point Click Care, Cerner, and Epic Documentaton (10+ years)
- RN
- Hospital Experience
- Critical Care
- Telemetry
- Medical Surgical
- ICU experience
- Basic IV
- Medication administration
- Ventilator
- Nursing
- EMR systems
- Experience administering injections
- · Infection Control Training
- · Patient Care
- · Phlebotomy

Certifications and Licenses

ACLS

January 2023

BLS for Healthcare Providers (CPR and AED)

January 2023

WOUND CARE ASSOCIATE, VENTILATOR WITH TRACH CARE, HEMODYNAMIC MONITORING, INFECTION CONTROL, PICC LINE INSERT, 12 LEAD EKG, BLOOD WITHDRAWAL, BASIC CRITICAL CARE, ADVANCED ARRYTHMIA

Present

MAB

July 2021 to July 2022

CPR

BLS, ACLS

NIHSS

March 2020 to March 2022

PALS Certification

Groups

NURSES CHRISTIAN FELLOWSHIP

December 2016 to Present