

Belita Williams

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Objective

Registered Nurse with 12 years of experience working across various specialties (Behavioral Health, Coronary Care, Correctional Health, Critical Care, Medical Surgical, Skilled Nursing and Trauma). I desire to share my skills and passion for nursing within an organization which thrives on providing safe, efficient, and compassionate care to patients resulting in improved patient outcomes.

Skills & Abilities

- ACLS, BLS, Fire Safety, MAB, NIHSS certified
- Telemetry Monitoring, Cardioversion, Defibrillator
- Ventilator Management, Tracheostomy Care, and CPAP
- Initiate Peripheral Intravenous Catheter for Antibiotic, Heparin, Insulin, Blood Products, and Hydration Therapy
- Wound Care
- Surgical Drain management (Hemovac, JP drain, Pleurvac, and PleurX)

REGISTERED NURSE | HEALTHTRUST WORKFORCE SOLUTIONS (HCA), SUNRISE FL | 08/11/2020 TO PRESENT

Work as both Travel and Per Diem RN on Telemetry/Medical Surgical Unit at Riverside Community Hospital; manage care of patients post Cardiac Arrest, CHF, CVA, DKA, or Sepsis requiring continuous Cardiac monitoring, treatment initiated if patient symptomatic; Neurological & NIHSS assessment post Stroke; initiated and titrated IV heparin based on PTT lab value; CIWA & COWS assessment for signs of alcohol, benzodiazepine, or opiate withdrawal; manage care of patients in Acute Psychiatric Crisis placed on Legal Hold (5150 GD/DTS/DTO); de-escalation technique utilized to manage aggressive and assaultive behavior; **EMR used MEDITECH.**

REGISTERED NURSE | HEMET GLOBAL MEDICAL CENTER, HEMET CA | 02/01/2021 TO 06/28/2021

Worked on Intensive Care Unit managing care of critically ill patients requiring ventilator support and continuous Telemetry monitoring, treatment initiated if patient symptomatic; arterial pressure & central venous pressure managed via hemodynamic monitoring; initiated & titrated IV vasodilators/vasopressors to stabilize hemodynamics; patient kept sedated with continuous IV sedatives (Propofol, Fentanyl, Versed) while on ventilator; oral care and suctioning provided hourly; **EMR used CAREGLANCE/ALLSCRIPTS.**

REGISTERED NURSE | JM STAFFING, SAN DIMAS CA | 05/17/2019 TO 02/01/2021

Worked as Contract Registered Nurse on both Telemetry Unit and Behavioral Health Unit; managed care of patients requiring continuous Cardiac monitoring for dysrhythmias, treatment initiated if patient symptomatic (IV antiarrhythmic meds, Cardioversion, Transcutaneous Pacing); NIHSS assessment post Stroke; managed care of patients in Acute Psychiatric Crisis placed on Legal Hold (5150 GD/DTS/DTO) related to substance abuse, medication noncompliance, or untreated medical diagnosis; CIWA & COWS assessment for signs of alcohol, benzodiazepine, or opiate withdrawal; de-escalation technique utilized to manage aggressive or assaultive behavior; **EMR used MEDITECH.**

REGISTERED NURSE | FOUNTAINS AT THE CARLOTTA, PALM DESERT CA | 08/14/2019 TO 04/10/2020

Worked on Rehabilitation Unit managing care of patients post surgery, Stroke, Heart Attack, Sepsis, and Hospice; Supervised LVN Charge Nurses & Certified Nurse Assistants; responsible for reviewing patient referrals for admission to facility; responsible for completing Head to Toe Assessment on all newly admitted patients to facility; acted as liaison between Physician and Charge Nurse for changes in patient's condition requiring a RN assessment to implement new treatment plan and/or transfer out facility to receive Higher Level of Care; **EMR used POINTCLICKCARE (PCC).**

RN SUPERVISOR | CALIFORNIA NURSING & REHABILITATION, PALM SPRINGS CA | 08/06/2018-05/07/2019

Worked on Rehabilitation Unit managing care of patients post orthopedic surgery, AMI, CHF, COPD, CVA, Sepsis, and Hospice; Supervised LVN Charge Nurses & Certified Nurse Assistants; responsible for reviewing patient referrals for admission to facility; responsible for completing Head to Toe Assessment on all newly admitted patients to facility;

PSYCHIATRIC NURSE II | SANTA CLARA COUNTY, SAN JOSE CA | 05/22/2017-07/31/2018

Worked at San Jose Main Jail on Acute Psychiatric Unit caring for patients in Acute Psychiatric Crisis placed on Legal Hold (5150 GD/DTS/DTO or 1370) related to substance abuse, medication noncompliance, or untreated medical diagnosis; Q 15-minute Safety checks to prevent Suicide attempts; CIWA and COWS assessment Q 4hr for signs of alcohol, benzodiazepine, and opiate withdrawal; de-escalation techniques implemented to manage assaultive and aggressive behaviors; **EMR used EPIC HEALTHLINK.**

REGISTERED NURSE | SONORA REGIONAL MEDICAL CENTER, SONORA CA | 09/29/2016-12/22/2017

Worked on Telemetry Medical Surgical Unit managing care of patients post-surgery, Cardiac Arrest, CHF, CVA, and Sepsis requiring continuous Telemetry monitoring, treatment initiated if patient symptomatic; CIWA and COWS assessment for signs of alcohol, benzodiazepine, or opiate withdrawal; Neurological and NIHSS assessment post Stroke (CVA); neurovascular assessment post orthopedic surgery; initiated ERAS and multimodal pain management; provided wound care and surgical drain management: **EMR used CERNER.**

STAFF NURSE II | KAISER PERMANENTE, SACRAMENTO CA | 11/02/2015-07/21/2016

Worked on Trauma Medical Surgical Unit managing care of patients post blunt force trauma and neurological, orthopedic, oncologic, and urogenital surgery; frequent assessments (Neurological, Neurovascular, NIHSS, Pain, and vital signs) performed Q 4 hrs. for signs of clinical deterioration; CIWA and COWS assessment for signs of alcohol, benzodiazepine, or opiate withdrawal; initiated ERAS and multimodal pain management; provided wound care and surgical drain management; **EMR used EPIC HYPERSPACE.**

PSYCHIATRIC NURSE | DOCTORS MEDICAL CENTER, MODESTO CA | 03/25/2013 - 11/04/2015

Worked on Inpatient Psychiatric Unit caring for patients placed on a Legal Hold (5150 GD/DTS/DTO or 1370) in acute psychosis related to substance abuse, medication noncompliance, or untreated medical diagnosis; safety checks performed Q 15 minutes to prevent suicide attempts; de-escalation techniques initiated to manage aggressive & assaultive behaviors; CIWA and COWS assessment performed Q 4hr for signs of alcohol, benzodiazepine, or opiate withdrawal; **EMR used CERNER.**

REGISTERD NURSE | PROVIDENCE HEALTH, COLUMBIA SC| 11/07/2011-09/08/2012

Worked on Coronary Care Unit caring for patients post Cardiac surgery, pre/post cardiac catheterization, and cardiac arrest requiring continuous Telemetry monitoring, treatment initiated if patient symptomatic; initiated and titrated IV Heparin based on PTT lab value & MD orders; initiated and titrated IV Vasodilators/Vasopressor to stabilize Hemodynamics; frequent assessment & vital signs q 2hrs for signs of clinical deterioration; provided wound care & surgical drain management; **EMR used Meditech.**

REGISTERD NURSE | PALMETTO HEALTH, COLUMBIA SC| 10/01/2010-12/22/2011

Worked on Progressive Care Unit caring for patients post Cardiac Arrest, CHF, CVA, or Sepsis requiring continuous Telemetry monitoring, treatment initiated if patient symptomatic; initiated and titrated IV heparin based on PTT lab value; initiated and titrated IV vasodilators/vasopressors to stabilize hemodynamics; Neurological & NIHSS assessment post CVA; CIWA/COWS assessment for alcohol, benzodiazepine, or opiate withdrawal; provided wound care and surgical drain management; **EMR used CERNER.**

EDUCATION

BSN --Western Governors University September 2015

ASN- -San Joaquin Delta College May 2010