Davina Pratchet

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Ethical Mental Health Registered Nurse offering 10 years of experience providing mental health nursing care to diverse populations. Board Certified as a Psychiatric Mental Health Nurse Practitioner since October 8, 2021.

Accomplished and seasoned professional skillful in developing individualized plans of care and performing mental health assessments, including interviews, physical exams and written and verbal tests. Personable individual possessing positive attitude and excellent critical thinking skills.

Work Experience

Psychiatric Registered Nurse

Milwaukee County Behavioral Health Division - Milwaukee, WI November 2021 to Present

- Explained useful coping methods to relieve depression and anxiety.
- Performed patient assessments to monitor expected response to medications and altering treatment plans.
- Conducted therapy for mentally ill patients in group and individual settings to assist patients in achieving normalcy.
- Oversaw care of suicidal patients and acted swiftly to reduce risk of harm to themselves or others.
- Responded to numerous volatile situations and violent outbreaks to restore safety and security of patients and staff.
- Provided direct quality care to patients by monitoring, recording and evaluating psychiatric conditions.
- Administered medication and treatments to patients to observe and record responses.

Registered Nurse-Staff Nurse

VA Hospital - 5000 W. National Ave, Wisconsin March 2016 to November 2021

- Charge nurse on rehabilitation floor. Oversaw average of 7 patients per shift.
- Effectively supervised LVNs, CNAs and non-clinical staff.
- Closely monitored acute conditions.
- Demonstrated ability to lead and motivate outstanding healthcare teams.
- Prioritized care on one unit that included rehabilitation, long-term care, Hospice care, and mental health care
- Two time Daisy award nominee
- Strong leader for nursing personnel assigned to unit/shift.
- Strengthened training and nursing knowledge by taking part in continuing education programs and mental health first aid workshops.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Performed ongoing assessments to evaluate mental health needs, working with multidisciplinary team to develop, initiate, manage and modify individualized plans of care.

• Responded to numerous volatile situations and violent outbreaks to restore safety and security of patients and staff.

Registered Nurse (RN)

Terrace of St. Francis - 3200 S.20TH St, WI January 2013 to March 2016

- Routinely retracted patient throat cultures and prepared for lab submission.
- Strong leader for nursing personnel assigned to unit/shift.
- Delegated staff nurse duties.
- Ensured HIPAA compliance.
- Closely monitored acute conditions.
- Instructed patients and family members on proper discharge care.
- Oversaw and managed Number clinical and support staff in patient care activities while maintaining high level of staff morale and professionalism.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.

Registered Nurse

Milwaukee Estates Nursing home - Milwaukee, WI September 2012 to October 2013

- Effectively supervised LVNs, NAS and non-clinical staff.
- Treated patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD and pneumonia.

Registered Nurse

Sarah Chudnow - Mequon, WI October 2011 to July 2012

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- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Pharmacological and non-pharmacological management and treatment of various disorders and diseases.
- Instructed patients and family members on proper discharge care.
- Demonstrated ability to lead and motivate outstanding healthcare teams.
- Ensured HIPAA compliance.
- Ensured efficacy of treatments through monitoring of treatment regimens.
- Followed infection control procedures.
- Monitored fluid intake and output levels.
- Provided direct quality care to patients by monitoring, recording and evaluating psychiatric conditions.
- Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies and methods to improve health and meet recovery goals.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Precepted student nurses and oriented new hires, providing guidance and mentorship when teaching on hospital policies, emergency procedures and nursing best practices.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom re occurrence.

Education

Master of Science in education

Alverno College - Milwaukee, WI 2021

Bachelor of Science in Nursing

Alverno College - Milwaukee, WI 2017

Associate of Science in Nursing

Bryant And Stratton College 2011

Skills

- High level of autonomy
- Strong clinical judgment
- Fluent in Spanish
- Building rapport
- Collaborates well with other healthcare disciplines
- Leadership
- Excellent interpersonal skills
- · Good listening skills
- Calm under pressure
- Cultural awareness
- Thorough physical assessments
- Medication Administration
- Behavioral Health
- Vital Signs
- Nursing
- English

Certifications and Licenses

BC/BE

RN License

First Aid Certification

PMHNP

Certified Nurse Practitioner

CPR Certification

BLS Certification

Compact State Nurse License