Kjersti Garcia

**RN with vast amount of experience in a 24 year time frame**

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I have had multiple episodes of leadership roles in the acute care field. Charging mainly telemetry units which we know is a high stress environment. Team work and sense of humour is what you have to possess to excel in this type of nursing. I did work as DON for a small Hospice outpatient facility for about a year. I then took on the role of MDS Coordinator/ADON/Interim DON for a long term care and

rehab facility. I was Interim DON quiet a few times over those years. This was very challenging but I fell in love with the patients, families and staff.

Willing to relocate to: Austin, TX - Corpus Christi, TX - Dallas, TX Authorized to work in the US for any employer

Work Experience

 **RN Staff Nurse**

 Cedar Park Regional Medical Center- Cedar Park, TX

 August 2021 – Present

. • 8 week travel contract with Hospital on m/s tele floor

 • I work 7p-7a 3-4 days a week

 • I mostly take care of COVID patients, but I also have floated to er and straight med-surg unit

 RN I

Kerrville State Hospital - Kerrville, TX

 February 2019 to August 2021

* 18 years of supervisory experience
* Worked directly with physicians, pharmacists, social workers, therapists and agency coordinators
* Provided nursing care for up to 22 patients per shift. The patients at KSH are comprised of forensic psychiatric patients who have committed usually a violent crime but in a court of law have been found either incompetent to stand trial or not guilty by reason of insanity.
* Collected and interpreted patient data
* Formulated and evaluated health care plans.
* Pay close attention to details and always show empathy with patients and families but retain healthy personal boundaries
* Facilitated the plan of care with the treatment team. The treatment team is comprised of the Psychiatrist, Psychologist, social worker, rehab leader, treatment team administrator, and RN.
* Administered medication and treatments through Medi mar. The LVN on unit is usually in charge of this but in their absence the RN will pass the medications and perform all treatments ordered for their shift.
* Delivered patient education

## Staff Nurse PCU 13 week travel position

St. Alexius Hospital - Bismarck, ND September 2018 - December 2018

## Staff Nurse, Telemetry

TexSAn Heart Hospital - San Antonio, TX January 2017 to September 2018

## Director of Nurses

Ave Maria Hospice - Fredericksburg, TX May 2016 to January 2017

DON of small Hospice organization treating outpatient terminally ill patients. I supervised licensed nurses and CNAs and ensured pts were being cared for with empathy and respect and that all nurses were practicing under policy and procedures and government rules and regulations. I was in charge of infection control practices and quality assurance. Performance improvement was ongoing and was measured in terms of successful outcomes. I would also see patients at their homes or skilled nursing facilities. Ensuring symptom control and ease of suffering. Attended IDT meetings weekly and gave report of pts and their current conditions. Worked closely with medical director and attending physicians to ensure symptom control and case management. Education given to pts and families regarding safety, medications, and disease process. Always ensuring they had our on call number to be able to get a hold of nurse as needed.

## MDS Coordinator/Assistant Director of Nurses/ Interim Director of Nurses

Alpine Terrace - Kerrville, TX June 2014 to May 2016

Responsible for assessing pts and reading floor nurse assessments of pts to be able to input pts information about physical health, adl status, medications needed to treat disease processes, and amount of assistance needed with ADLs. This information is what drives the reimbursement rates from government for the facility. MDS Coordinator, myself, then input all info gathered into a database to receive due compensation from Medicare and medicaid. I educated staff on their charting and importance of capturing total picture of pt and their disease processes. I developed care plans for pts and held care plan meetings with pts and families. As ADON I assisted DON with supervision of nursing staff. I monitored for compliance with policy and procedures in working with pts and families and also in working with fellow staff members. Took call rotation and did help on floor when needed. Monitored for safety in situations with pts and staff. Assisted with discipline, mentoring, orientation of new staff, and hiring. As Interim DON, I stepped in as director and would communicate with any state surveyors. I monitored for infection

control and document the tracing of any infection that more than one pt receives. QA/PI are always goals and drive good outcomes of which staff would strive for.

**RN Charge Nurse of telemetry floor** Santa Rosa Westover Hills - San Antonio, TX August 2012 to June 2014

Charge Nurse of fast paced telemetry unit in a level IV trauma hospital. This hospital was also a teaching hospital with a large amount of resident drs finishing up their education there. I supervised all nursing staff and CNAs and usually had to end up taking a pt load myself. We had pts that required cardiac monitoring due to their disease process. Vital signs were interpreted along with the telemetry strips and any findings not within parameters were reported to physician. Medications were given to pts per Dr's orders and then pt assessed for any adverse reaction. Assisted with ADLs as needed and for safety. Assessments and any adverse incidents documented in emr which was Meditech. Worked closely with physicians, social workers, case managers and any other professionals involved in care to assure successful discharge from hospital back out into community. Safety being the number one priority.

**RN staff nurse of telemetry floor** Santa Rosa City Center - San Antonio, TX October 2010 to June 2012

We had pts that required cardiac monitoring due to their disease process. Vital signs were interpreted along with the telemetry strips and any findings not within parameters were reported to physician. Medications were given to pts per Dr's orders and then pt assessed for any adverse reaction. Assisted with ADLs as needed and for safety. Assessments and any adverse incidents documented in emr which was Meditech. Worked closely with physicians, social workers, case managers and any other professionals involved in care to assure successful discharge from hospital back out into community. Safety being the number one priority.

## Case Manager

Texas Healthcare Solutions October 2009 to April 2010

Field nurse of a home health facility. Admitted and Discharged patients per Dr's order and per government guidelines. Assessed pts in their homes as ordered per physician and communicated with Dr and idt needs of the pt. Set up with medical supplies Co. any equipment needed. Coordinated with pharmacy about any medications and if they need to be delivered since pt is homebound. Documents assessments in emr. Takes call per rotation assignment.

## Charge Nurse of tele/med-surg floor

Hill Country Memorial Hospital October 2008 to May 2009

Charge Nurse of fast paced telemetry unit in a level I trauma hospital. I supervised all nursing staff and CNAs and usually had to end up taking a pt assignment myself. We had pts that required cardiac monitoring due to their disease process. Vital signs were interpreted along with the telemetry strips and any findings not within parameters were reported to physician. Labs ordered were resulted and findings, if out of range, were reported to physician. Medications were given to pts per Dr's orders and then pt assessed for any adverse reaction. Assisted with ADLs as needed and for safety. Assessments and any adverse incidents documented in emr which was Meditech. Worked closely with physicians, social workers, case managers and any other professionals involved in care to assure successful discharge from hospital back out into community. Safety being the number one priority.

**RN Charge Nurse telemetry floor** Peterson Regional Medical - Kerrville, TX April 2004 to September 2008

Charge Nurse of fast paced telemetry unit. I supervised all nursing staff and CNAs and usually had to end up taking a pt load myself. We had pts that required cardiac monitoring due to their disease process. Vital signs were interpreted along with the telemetry strips and any findings not within parameters were reported to physician. Medications were given to pts per Dr's orders and then pt assessed for any adverse reaction. Intravenous therapy provided to correct fluid levels,give blood, etc. Assisted with ADLs as needed and for safety. Assessments and any adverse incidents documented in emr which was Meditech. Worked closely with physicians, social workers, case managers and any other professionals involved in care to assure successful discharge from hospital back out into community. Safety being the number one priority.

## Registered Nurse/Charge Nurse

Moore County Hospice - Dumas, TX June 1999 to April 2004

Patient Care coordinator of Hospice facility. Supervised other licensed and non licensed staff below me. Made assignments for the day. Took pt assignments myself. Had patients in outpatient and inpatient. Symptom management being our number one priority. Worked with interdisciplinary team in deciding a plan of care for each pt.

**Registered Nurse/Staff Nurse** Moore County Hospital District - Dumas, TX January 1997 to June 1999

Charge Nurse of fast paced telemetry unit. I supervised all nursing staff and CNAs and usually had to end up taking a pt assignment myself. We had pts that required cardiac monitoring due to their disease process. Vital signs were interpreted along with the telemetry strips and any findings not within parameters were reported to physician. Medications were given to pts per Dr's orders and then pt assessed for any adverse reaction. Assisted with ADLs as needed and for safety. Assessments and any adverse incidents documented in emr which was Meditech. Worked closely with physicians, social workers, case managers and any other professionals involved in care to assure successful discharge from hospital back out into community. Safety being the number one priority.

# Education

## Associate Degree Nursing in Nursing

Amarillo College - Amarillo, TX May 1997 to May 1998

## LVN

Frank Phillips College May 1996 to May 1997

## Accounting

Texas Tech University

August 1990 to December 1990

## High School

Miami ISD - Miami, TX August 1986 to May 1990

# Nursing Licenses

## RN

Expires: June 2022 State: TX

# Skills

* MDS (2 years)
* Nursing (10+ years)
* Hospice Care (6 years)
* Medication Administration (10+ years)
* Case Management (4 years)
* Critical Care Experience (3 years)
* EMR Systems (8 years)
* Tube Feeding (10+ years)
* Home Care (4 years)
* Vital Signs (10+ years)
* Supervising Experience (10+ years)
* Nurse Management (4 years)
* Experience Administering Injections (10+ years)
* Venipuncture (10+ years)
* Infection Control Training (10+ years)
* Hospital Experience (10+ years)
* Patient Care (10+ years)
* Management (8 years)
* ICD-10 (2 years)
* ICU Experience (5 years)
* Computer literacy (10+ years)
* English (10+ years)
* Anatomy Knowledge (10+ years)
* Epic (Less than 1 year)
* Employee Orientation
* Travel nursing (Less than 1 year)

# Awards

## employee of the quarter

March 2009

While working at Hill Country Memorial, I received the employee of the quarter award for outstanding service.

# Certifications and Licenses

## Basic Life Support (BLS)

April 2021 to April 2023 AHA

## Registered Nurse (RN)

June 2020 to June 2022

# Additional Information

3 professional references

Rick Garcia, RN, San Antonio, TX 830-353-7271

Brian Yancich, RN, San Antonio, TX 210-387-4240

Dr Isiguzo, cardiologist , San Antonio, TX 330-998-3808