

# Stephanie Holzman

## **Staff Nurse - Froedtert Neurosciences Clinic**

Waukesha, WI 53189

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## Work Experience

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### **RN Case Manager Home Health**

ProHealth Home Care & Hospice - Waukesha, WI

January 2020 to September 2020

- Managed nursing care coordination
- Performed patient assessments
- Performed daily rounds with primary care providers and other medical team members
- OASIS admissions, recertifications and discharge coordination to home, hospice and facilities.
- Perform all skilled needs such as wound care, site dressing changes with flushes, IV medication administration.
- Primary focus on education of new diagnosis and medication teaching and helping patients advocate for themselves.

### **Staff Nurse**

Froedtert Neurosciences Clinic - Milwaukee, WI

December 2016 to March 2019

- Responsible for assessing, planning, implementing and evaluating care for Multiple Sclerosis program and neuromuscular programs in ambulatory care setting.
- Member off Ambulatory Council and representative for Neuroscience clinic.
- Instituted quarterly meeting with all multiple sclerosis team members and providers to review disease modifying drug in regards to follow up appointments, lab monitoring, imaging and referrals. The goal of meetings was to institute protocols for each medication to improve pre-visit planning and workflow.
- Initiated nurse only, follow up visits with newly diagnosed multiple sclerosis patients to review medication choices, answer questions, provide support and education improve patient experience, outcomes and adherence to care plan.
- Through telephone triage, use of my chart, patient and family education manage care for complex patient needs in two specialty areas
- Coordinate authorizations of specialty medications with prior authorization team, insurance and patient through ongoing meetings with specialty medication companies to provide affordable medication without a delay in treatment time
- Created sample letters to appeal several specialty medications or use by providers and resident patients to improve patient outcomes
- Coordinate specialty infusion therapy at internal and external facilities including insurance authorizations and ongoing lab monitoring through Lab watch and Wisconsin diagnostics laboratory
- Ongoing evaluation of patient's treatment plan and ability for patient to manage safely and effectively

- Provide resources for social services, financial help through foundations, support groups, and help receiving specialty medications
- Responsibilities may include administering medications, telephone triage, providing patient and family education and coordination of complex patient care needs. Competencies for the Staff RN - Ambulatory Clinics may include, but are not limited to telephone triage, vascular access and phlebotomy, care coordination and teach back methods, point of care testing, and procedure specific instruments and equipment needed for patient care.
- Implements the plan of care, including patient and family teaching and serve as a resource to coordinate care across multiple which includes medications, treatments, ongoing monitoring, and referrals and follow up.
- Integrated evidence based nursing knowledge and research to guide our practice and protocols within the clinic

#### Assistant Director of Nursing, Maple Ridge Rehabilitation Center (Milwaukee, Wisconsin)

- All job duties of RN Manager as mentioned above
- Participates in on-call rotation to ensure 24 hour RN coverage for facility
- Review patients clinical status and lead stand up report for all department heads as needed
- Lead clinical follow up in afternoon to address patients status, investigate concerns using Risk watch program as needed
- Investigate injuries, theft, neglect and abuse, reports to administrator and corporate
- Manager on duty responsibilities to meet with new admissions, ensure dining rooms run smoothly and any other concerns in building
- Participate in infection control program. Identification of infections through assessments to ensure they fit criteria, surveillance of infections throughout building and ensuring correct precautions are used to prevent spread of infections

#### RN Unit Manager, Maple Ridge Health and Rehabilitation Center (Milwaukee, Wisconsin)

- Daily rounding on assigned unit for staffing, census, unstable residents, accidents, injuries and other concerns. Frequent focused rounds weekly such as pain, medication logs, and safety devices. Audits specific resident care issues on a daily basis as needed.
- Introduces self to new admissions. Check for initial assessments, documentation, and physician orders, Mars, Tars are completed and accurate. Initiate and create care plans for assigned patients upon admission, quarterly and with change in conditions. Oversees the completion of all assessments and charting.
- Conducts weekly wound rounds on all units. Update physicians, care plans, and treatment orders are initiated
- Perform daily clinical follow up on all assigned patients. Ensures daily and weekly charting is accurate and complete such as nursing notes, MARS, TARS, behavior charting, weights, body checks, ADL flow sheet and immunizations are current.
- Interacts with residents and family members, co-workers, clinical and ancillary staff in a non judgement, supportive and calm manner. Address resident and family satisfaction issues immediately, reporting ongoing issues to the Director of Nursing.
- Ensures that nursing documentation adheres too facility policy and nursing standards of practice.
- Collaborates with social services, therapy, dietician, and doctors for appropriate discharge planning for short term rehab patients and long term patients
- Lead team of 25 RN, LPN and CNA staff in provision of a 26 bed long term and sub -acute unit

- Evaluate nursing staff performance, provide daily oversight and annual reviews, approve overtime and scheduling changes
- .Participates in planning Quality Assurance initiatives. Attends monthly meetings on Quality Assurance and Quality improvement
- Investigate falls, skin issues and other occurrences using Risk watch program and initiated new interventions, follow up as needed
- Participates in fall risk prevention with Medical Director weekly

## Education

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### **B.S. in Nursing**

Alverno College - Milwaukee, WI  
2009 to Present

## Nursing Licenses

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### **RN**

## Skills

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- Hospital
- RN
- Staff Nurse
- Home Health

## Certifications and Licenses

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### **BLS, ACLS**