

# Zola Katherine Mounts, RN

## RN

Dandridge, TN 37725

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+1 865 274 0021

Authorized to work in the US for any employer

## Work Experience

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### Staff Nurse

Nurse First - Knoxville, TN

January 2021 to Present

#### 1. Staff Nurse

- Collected and interpreted patient data
- Formulated and evaluated health care plans
- Facilitated the plan of care
- Administered medication and treatments through Point Click Care
- Delivered patient education
- Worked directly with agency coordinators, physicians, pharmacists, patient and physicians, therapists and social workers
- Assessed patient physical, social, language or mental needs
- Provided support services regarding treatments and administration of medication as ordered
- Continuously monitored patients' conditions
- Provided life-saving interventions
- Provided discharge planning
- Performed direct clinic nursing administrative duties
- Evaluated nursing care delivered by other non-licensed student workers
- Directed and managed critical care patients
- Monitored and documented patient's vitals
- Carried out the care plan planning

### Staff Nurse

Patriot Home Care - Oak Ridge, TN

February 2020 to Present

I am a Registered Nurse with 30 years of experience in areas of OR, ICU, ER, Trauma, Cath. Lab, PACU Home Health and Psychiatric Nursing.

My experience include accurate patient assessment, skilled RN in both hospital, home healthcare, and physicality nursing. Excellence in patient care coordination, education, and conflict resolution. My years of experience involve vital signs, IV's, ventilators, ET tubes, tracheostomy, cardiac monitoring, interventional radiology, triage, foley catheter, PICC lines, NG tubes, chest tubes, taking orders from physicians, knowledge of medication administration, wound care and dressing, also detailed orientation with task prioritization and electronic charting. Excellent communication skills with staff, patients and family members.

I take pride in my work and love in the care of my patients.

- Experiences listed are relatable, applicable or transferable in some way to position being applied to

## Education

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### **Associate in Science in Nursing**

Southern West Virginia - Logan, WV

September 1980 to May 1982

### **vocational**

university or vocational school it's not necessary

## Nursing Licenses

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### **RN**

Expires: April 2022

State: TN

### **RN**

Expires: April 2024

State: TN

## Skills

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- TRAINING (10+ years)
- ICU Experience (10+ years)
- Tube Feeding (10+ years)
- Critical Care Experience (9 years)
- Nursing (10+ years)
- Vital Signs (10+ years)
- Laboratory Experience (10+ years)
- EMR Systems (10+ years)
- Hospital Experience (10+ years)
- Medication Administration (10+ years)
- Hospice Care (5 years)
- Medical Imaging (4 years)
- Triage (10+ years)
- Phlebotomy (10+ years)
- Caregiving (10+ years)
- Nurse Management (10+ years)
- Employee Orientation (10+ years)
- Experience Administering Injections (10+ years)

- Venipuncture (10+ years)
- Home Care (8 years)
- Ventilator (10+ years)
- Catheterization (9 years)
- Basic IV (10+ years)
- Care plans (10+ years)
- Foley catheter (10+ years)
- Acute care (10+ years)
- Patient care (10+ years)
- Patient monitoring (10+ years)
- Managed care (10+ years)
- Charge Nurse (6 years)
- Travel nursing (10+ years)
- Infusion therapy, ventilators, tracheostomy, change and care, hemodynamic monitoring, G-port, and wound care. (10+ years)
- Blood transfusion (10+ years)
- Epic (1 year)
- Cerner (2 years)
- Discharge planning (10+ years)
- Teaching (10+ years)
- Word processing (8 years)
- Writing skills (10+ years)
- Communication skills (10+ years)
- Computer skills (10+ years)
- Infusion (10+ years)
- Time management (10+ years)
- Supervising Experience
- Supervising experience (4 years)

## Certifications and Licenses

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### **Basic Life Support (BLS)**

November 2020 to November 2022

### **ACLS**

November 2020 to November 2022

### **PALS**

November 2020 to November 2022

### **Registered Nurse**

April 2020 to April 2022

License to practice nursing in the state of Tennessee

**CPR Certification**

**AED Certification**

**Compact State Nurse License**

## Groups

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**Tennessee Nursing Association**

December 2017 to Present

Member of Tennessee Nursing Association

## Additional Information

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- NIH Certified