**DESIREE’ Y. BERNARD, RN**

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772-812-4054

**OBJECTIVE:** A driven, energetic, meticulous, team player, seeking a long term,

permanent career in mental health, substance abuse, or acute care that will allow the

utilization of my clinical knowledge, and behavioral health skills.

**EXPERIENCE:**

**Travel Nursing – Essential Medical Staffing- 3205 American Legion Drive, Chesapeake, VA 23321-757-756-5288 Ext. 2344-essentialmedicalstaffing@gmail.com- 02/2022- Present**

Traveled to long term care facilities, hospitals, clinics, and rehabilitation centers providing care to individuals struggling with mood disorders, psychotic disorders, eating or substance use disorders, and dementia.

**Registered Nurse- Director of Nursing-Safe Harbor Recovery Center-2700 London Blvd. Portsmouth, VA 23507-Human Resources-cschrider@summitbhc.com. -11/1/21 to 01/07/22**

In a behavioral health/substance abuse facility supervised Registered Nurses, Licensed Practical Nurses, and Recovery Support Technicians. A leader and advocate for patient’s suffering from mental health issues and recovering from substance abuse. Responsible for establishing and fulfilling a vision and strategy for patient care excellence and standards of practice. Responsible for staffing the nursing units for coverage needs in lieu of absences, pto, and personal leave. Responsible for recruiting, hiring, and training Nurses, and technicians. Ensure that all staff are trained and can demonstrate required competencies. Ordered supplies and medications, Divided time between the office and the unit. Maintained working relationships with pharmacy regarding patient’s medications and timely delivery. Developed and revised job descriptions in collaboration with Human Resources. Develop and revise policy procedures and structure standards as needed. Monitored unit safety and worked with staff to produce a safe productive environment. Demonstrated a broad understanding of trends shaping the healthcare delivery system, and its impact on the profession and client care.

**Registered Nurse City of Virginia Beach- BH Unit-Adult Outpatient Services- F/T, 297 Independence Blvd., Virginia Beach, VA 23464, 757-385-0511-** **Cathleen Fleming -04/08/21 10/4/21**

Provided primary care screenings to adult individuals with mental health, substance use or co-occurring disorders that are receiving medication management services and / or case management services in a clinic setting. Contributed to the treatment plans of individuals as assigned to address health / medical needs, barriers, and goals. Responded to clients’ requests for medication renewal via the nurse eight hundred line. Administered psych injections (Vivitrol, Invega Sustenna). Collected urine drug screenings to establish a baseline during the induction phase. Responsible for linking individuals with primary care providers and primary care follow up appointments. Maintain up to date tracking of individuals that have been screened, that have attended medical appointments, and required ongoing outreach and followed up to address medical needs. Problem solved barriers to attending external medical appointments with the individual and natural supports. Completed documentation in both the paper chart and electronic health record Cerna. Initiate the screening process for SDA (same day access) clients seeking to start the behavioral health/substance abuse program.

**Registered Nurse Sentara Healthcare- Behavioral Health unit-OBICI 2800 Godwin Blvd, Suffolk, VA 23434 757-934-4786 Dana Miller 9/28/20 to 01/28/21 Full time-nights**

On a psych unit, nursing will evaluate the mental health needs of patients. Develop treatment plans. Provide psychotherapy services. Provide personal care. Coordinate with families, doctors, and other health professional’s patient after care services. Administer medications according to protocol. Assess diagnose and treat psychiatric problems. Admit patient’s that have a Temporary Detention Order (TDO) an order issued by a Magistrate that requires an individual to be held in a psychiatric facility for a period of 1 to 5 days until a commitment hearing is held. Nursing implements psychiatric hospitalization of an individual against his or her will when all less restrictive treatment options have been exhausted or deemed unsuitable. The interdisciplinary team promotes recovery and wellness programs to help the patient in recovery from mental health challenges and substance abuse. The outcome is that the patient can find hope, healing, and the tools they need to reach their goals. Fifteen-minute safety checks performed.

**Registered Nurse Accordius at Waverly Rehabilitation, 456 E Main Street, Waverly, VA 23890-804-834-3975-(12-01-19- 03/30/20- First Choice Nurses Agency)-08/31/20-03/06/21-PRN Staff Nurse**

Provided direct care to patients, assessed their cognitive status, and administered medications and treatments. Communicated with attending MD/NP to record and sign patient orders, updated patient status, and conveyed test results. Supervised nursing staff, managed scheduling, evaluations, and compliance regulations. Placed nurses with patients based on skill and their scope of practice. Ensured nursing operational standards were met. Initiated reports on productivity, quality, and customer service metrics. Ensured all nurses followed policies and procedures. Trained new team members. Informed family members about medical procedures and doctors’ instructions. Handled complaints and other customer service issues. Established a compassionate environment by providing psychological support to patients, families, and friends. Archived employees’ records, patient files, and other pertinent documents. Performed covid-19 testing on all staff. Supervised a unit of 08 certified nursing assistants and 2 Licensed Practical Nurses.

**Registered Nurse First Choice Nurses staffing agency- 5520 Greenwich Rd #100, Virginia Beach, VA 23462-(LPN-12/2019- 08/30/2020)-757-806-4800-Lisa Hunsberger Contract assignment-Accordius at Waverly Rehabilitation**

Traveled to different medical facilities providing medical services to patients. Med surg setting. Responsible for managing a patient’s successful transition from hospital to home. Accountable for developing, implementing, and evaluating comprehensive transitional care interventions for high-risk Routine patient comfort and care. Monitored patients for any adverse effects from medications. medical and/or surgical patients. Managed post-acute care of high-risk patients that are at risk for poor health outcomes, frequent emergency room visits, and hospital readmissions. Participated in hospital multidisciplinary daily rounds, as well as patient and family education regarding disease and self-care. Identified patient-level concerns regarding discharge, and anticipation of potential gaps in care. Encouraged and educated patients/caregivers surrounding their post discharge health care needs to empower them to play an active and informed role in managing their care post-discharge. Supervised Cna’s and LPNs to ensure tasks were completed and documentation entered in the EHR.

**LPN-Nurse Abstractor (Remote Contract)- CSI Companies/Optum-United Health Group, 1624 Westgate Circle, Brentwood, TN 37027- July 15, 2019, to 12/06/2019- HR-800-561-0861**

Participated in medical record reviews and data abstraction in Hedis to ensure documentation provides an accurate representation of the patient's clinical care diagnosis, severity of illness, and risk of mortality especially as it relates to reportable measures (functional status assessments, blood pressure, colon care, pain assessments, and medications). Identified opportunities for improvement to ensure prompt processing of providers claims. Collaborated with management and team leads in the planning and implementation of interventions and education to ensure evidence-based best practices and associated documentation were utilized. Served as a resource to staff regarding computer based clinical documentation of quality measures. Assisted in tracking compliance with externally reported quality measures and provided documented feedback to management and teams. Served in a leadership as well as team member role working closely with providers, managers, nurses, ancillary departments, and other members of the organization. Maintained accuracy and consistency while compiling moderate complex reports. Analyzed and interpreted data. Organized workflow while functioning remotely and independently.

**LPN-Lead Utilization Review Nurse- Daylight Recovery Center- August 1, 2018, to 2/8/19- Pat Crilley-609-533-6105- 2521 Metro center Blvd. West Palm Beach, FL 33407**

Conducted initial precertification requests with care managers for authorization of detox and IOP services. Staffed cases with the interdisciplinary team to maximize the quality and cost efficiency of health care services. Reviewed and conducted chart audits to ensure that the clients entering the detox facility were receiving care without burdening the health care system with unnecessary procedures, ineffective treatments and extended continued stays. Conducted face to face interviews with clients seeking substance abuse treatment to educate them about the limitations, deductibles, and in-network resource options to help them make informed decisions about their health care. Notified the clients regarding all denials and approvals for requested behavioral health stays. Submitted medical records to managed care appeals to render a reverse denied authorization determination. Conducted peer to peer reviews with managed care MDs to discuss the client’s need for continued stay and to provide updated clinical. Conducted chart audits to ensure the facility remained compliant with all protocols, and regulations.

**LPN-Utilization Review Nurse – Coastal Detox, Stuart, FL – May 2, 2016, to 7/30/2018-772-675-0063- Naomi Blaise-1131 SE Indian St, Stuart, FL 34997**

Initiated substance abuse precertification’s, face-to-face and telephonic reviews for prior authorizations pertaining to clients who were admitted to detox, PHP, IOP, and Residential levels of care. Submitted clinical information within 24 hr. to managed care companies based on medical necessity, according to their ASAM, Millennium and InterQual guidelines. Adhered to the 24-hr. submission guidelines to prevent submission of a retro review. Coordinated with the appropriate UM case manager(s) and other members of the interdisciplinary team daily to assess the client's need for appropriate alternative health care services. Utilized pre-approved criteria and guidelines to validate medical necessity of continued stay and appropriateness of treatment and discharge planning. Participated in rounds with the Medical Directors, case managers, and other members of the healthcare team to staff difficult and complicated cases. In the case of a denial, scheduled, and conducted peer to peer reviews for continued stay. Submitted medical chart to appeals department where MD peer review upheld the denied case. Maintained positive and effective communication with managed care companies.

**LPN-Utilization Review Nurse – Treasure Coast Recovery Center – 2/10/2014 -3/11/2016-855-223-6171- 735 S Colorado Ave #4, Stuart, FL 34997- Jill Scott**

Prepared and provided utilization review activities for all levels of substance abuse and behavioral health care, including detox, residential, partial hospitalization, intensive outpatient, and outpatient authorization requests. Collected, accessed, and communicated clinical courses of treatment. Prepared assessments and communicated updates in a timely and professional manner.

Participated in rounds with the Medical Directors, case managers, and other members of the healthcare team to staff difficult and complicated cases. In the case of a denial, scheduled, and conducted peer to peer reviews for continued stay cases. Submitted medical chart to appeals where MD peer review upheld the denied case. Offered medical support and professional nursing care to patients undergoing the detoxification process. Excelled at performing vigilant observation and documentation of patient’s medical histories and current symptoms. Specialized in the provision of pain management treatment throughout the initial process of detoxification, partial hospitalization to outpatient therapy. When short staffed conducted group therapy and med pass.

**CERTIFICATIONS:**

**•** Multi-state Licensed Registered Nurse- Virginia Board of Nursing-Expires-08/31/2023

• CPR/First Aid/HIV/Alzheimer’s/BLS certified – Expires 5/2023

• CPI Certified- Expires 5/2023

**STRENGTHS:**

• Excellent customer Service/public relations and leadership skills.

• Profound listening, critical thinking, and time management skills.

• Great focus and attention to detail.

**EDUCATION:**

Denver College of Nursing, Denver, CO, BSN program-Graduation 12/2022

Ideal Professional Institute, Miami, FL RN-program- Graduated 1/2019-ADN degree

International College of Health Sciences -RN program –06/2015- 9/2018-Credits 68

Fortis College – Port Saint Lucie, FL – Practical Nursing – Graduated – 2012 - Diploma

Keiser University – PSL, FL - Radiology Technology – Graduated – 2010 – A.S. Degree

Malverne Senior High School - Long Island, NY – Graduated – 1983 - Diploma

**References furnished upon request**