

# Stina Tjaden

## **Registered Nurse Case Manager**

Dodgeville, WI

-Email me on Indeed: <http://www.indeed.com/r/Stina-Tjaden/833b8c3cb52714bf>

### Responsibilities

Manages care for 25 patients, located at home or in facility

Willing to relocate to: Dodgeville, WI - Spring Green, WI - Platteville, WI

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse (RN)**

Greenway Manor - Spring Green, WI

July 2019 to Present

Provided and managed care in a skilled nursing facility for 25 patients

### **Registered Nurse Case Manager**

Oakhurst Hospice - Westlake Village, CA

January 2017 to April 2019

- Managed hospice care for 25 patients, located at home or in facility

### **Registered Nurse Case Manager**

Companion Room Hospice - Simi Valley, CA

January 2015 to January 2017

- Managed hospice care for 25 patients, located at home or in facility

### **Registered Nurse Case Manager**

Roze Room Hospice Ventura County - Ventura, CA

July 2012 to January 2015

### Responsibilities

Managed hospice care for 25 patients, located at home or in facility

### Accomplishments

2014 Ventura County Employee of the Year.

### **Registered Nurse**

TLC HOME HOSPICE - Moorpark, CA

January 2012 to November 2012

### Home Hospice

- Registered Nurse at a 10 bed hospice facility.

### **massage therapist**

Self employed - Simi Valley, CA

2005 to April 2012

### **Licensed Certified Massage therapist**

Self employed - Simi Valley, CA

1998 to January 2012

with an in home occupation license in Simi Valley.

### **Massage therapist**

Self employed - Thousand Oaks, CA

2001 to 2002

### **Certified Nurses Assistant**

West Meade Place - Nashville, TN

1996 to 1997

- Provided basic care and ADLs for clients in a skilled care nursing home
- Worked under supervision with RNs, LVN, OT and PT.
- Effectively managed time to care for 8-10 patients daily from 0700-1500.

### **Certified Fitness Instructor**

YMCA - Nashville, TN

1994 to 1995

- Instructed senior citizen weight training 3 mornings a week.
  - Instructed general population in step and low impact aerobics 3 mornings a week.
- Certified Fitness Instructor Mid-Valley YMCA Van Nuys, CA
- Instructed senior citizen in weight training and sit and be fit classes 3 mornings a week
  - Instructed general population in step and low impact aerobics 3 mornings a week and strength training 2 evenings a week.

## Education

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### **Associate Degree in Nursing**

Moorpark College - Moorpark, CA

2004 to 2011

### **Bachelor of Arts**

California Lutheran University - Thousand Oaks, CA

2006 to 2008

### **Associate of Arts**

Moorpark College

2006

## Nursing Licenses

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### **RN**

## Skills

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- Care Management
- Home Health
- Case Management
- Utilization Review
- RN
- Home Care
- Hospital
- Utilization Management
- Managed Care
- Hospice Care
- Nursing

## Certifications and Licenses

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**CPR**

**Licensed Massage Therapist**

**BLS, ACLS**