**Connie Lafond**

702 Colony Grove 217-841-2286

Mahomet, IL 61853 cslafond310@gmail.com

United States

**OBJECTIVE**

Seeking an opportunity to work a part time position or as needed in as a skilled care nurse.

**SKILLS PROFILE**

**Skills**

* ­Wound care assessment, including experience in staging wounds and treatments, first aid and CPR/AED (1987-present)
* 13 years of working in office with Physicians; experience in EMR as utilized in offices and nursing homes. (1994-2012)
* Urology care; changing suprapubic catheters, and foley catheters. Assisting physician in procedures, and administrating medications for cancer treatments.
* Allergy Nurse; giving allergy shots, and assisting in testing, monitoring food allergy challenges.
* Pediatric Nurse; Administrating all vaccines to children, assisting with wellness exams, administering nebulizer treatments, and educating parents regarding disease prevention and common growth and development concerns.
* 10 years of working in nursing homes, performing assessments, managing medication administration, treatment, and working with OT, PT, Nurse aide’s, and dieticians to promote wellness and continual care for geriatric and recovery of post-operative patients. (1987-present)
* Interpersonal and communication skills; volunteering in pastoral care (1987-present)
* Home health care with adults and children, trained in tracheotomy care and ventilator care. G-tube care; administration of feedings and changing g-tubes when needed, experience in transfer equipment, and respiratory care machines, including pulse ox monitor and home O2 use.
* I have had experience in General surgery/ plastic surgery, removing staple, stiches, and dressing changes.
* OB/GYN Nurse; Assisting physician in procedures, and fetal heart rate monitoring.
* Psychiatric nursing and outpatient medication management for drug rehabilitation

­

**EDUCATION**

­Freeport High School, Freeport, Ill.

­GPA 3.75, 1985

Highland Community College, Freeport, Ill.

­Licensed Practical Nurse; July 1987

I have received continuing education credits through work offered programs. I received a certificate in a Autism course from the University of Illinois. I received certificates in wound care, geriatrics and Alzheimer’s. I received training on a ventilator from Peoria St. Francis hospital and received continuing education in phlebotomy at Parkland Community college. While working Gibson Hosp, in behavior health I took continuing education for First Aid Mental Health. I have also recently practice phlebotomy working in a Methadone clinic, during medical assessments.

**Locations of Employment**

**Advantage Home care Service**

**5/2021- present**

Assigned to one client with a brain injury, using seizure precautions, g-tube feeding, implementing ongoing Physical therapy and speech therapy support. Administering nebulizer treatments and aspiration precautions with suctioning as needed.

**Champaign Treatment Center**

**10/2019- 4/2021**

Nursing care of new admissions for patients with opioid and illicit drug use. Under the medical director, MD, I assisted patients with medication treatment in the pharmacy administering methadone and assisting in titration as needed to treat and help patient reduce the with drawl symptoms from opioid use. I used phlebotomy skills for initial blood draws, administered Tb and UDS. The patients is monitored by a team of counselors and nurses while they are recovering and transitioning out of illicit drug dependence.

**Gibson Area Hospital clinics; Behavior Wellness, Cardiology and Float nurse Positions 1/2016– 9/2019**

Nursing care in a clinic setting for close to 2 years which included psychiatric medication management, phone triaging and crisis psychiatric intervention. I was Trained in first Aide Mental Health and administered psychiatric intermuscular injections. I also worked with a cardiologist for a year and traveled to Gibson clinics in a rural setting as a float nurse which included temporarily assisting a urologist with procedures.

**Clark Lindsey Village, Urbana, IL- PRN 4/2014 -2016**

Nursing care administered to geriatric patients with diverse needs. This care included urinary catheter care, G-tube feeding, medication administration, blood sugar monitoring and wound care as needed. I assessed new patients who were admitted to the facility and facilitated

patient care needs between the medical staff and family.

**Maxim Home Care Feb. 2015-Aug,2015**

Pediatric Home care nurse, caring for 13-year-old child with diagnosis of shaken baby syndrome. His care included Seizure precautions, diet and medication precautions, G-tube administration as well as total care, including Hoyer lift transfers, bathing and skin care.

**Campus Town Urgent Care, Urbana, Il Oct. 2014- Dec. 2014**

I worked in a private newly opened clinic for urgent care for the U of I students, I took patients into rooms, took their vital signs and did lab procedures as directed by the Physician as needed which included point of care, blood sugar, chemistry profile for severe conditions. I did phlebotomy and obtained cultural tests for lab processing as needed. I also did IV therapy under the direction of physician. My employment was very short term due to clinic closing during holidays, and I needed more stable hours of employment.

**Alpha-Care Health Professionals,** **Champaign, Illinois 2/ 2011 – Sept. 2014**

Provided care for a teenager that is a quadriplegic. His care involved Physical therapy, tracheotomy, and urinary catheter care. For 3 years I cared for infants with chronic lung diseases that need ventilators. I have been trained through OSF in Peoria to work with ventilators.

**Bridle Brook Assisted Living**, **Mahomet, IL 8/2009 -1/2011**

Administered medications and gave care to patients as ordered by physician. Monitored safety of residents in ADL’s and implemented measures to ensure quality of care.

**Mahomet Seymour School District, Mahomet, IL 8/ 2003—5/ 2004 5/2006-8/ 2009**

My position at the school was to assist children with special needs in their daily routines in the classroom. I assisted therapists in goal implementation that included physical therapy, speech, and occupational therapy. I administered G-tube feedings as needed, and medication as needed, and monitored blood sugar and gave insulin for children with diabetes.

**Carle Orthopedics Clinic 5/ 2005-6/2006**

I worked with 3 podiatry physicians as an office nurse at Carl. I did phone triage calls regarding foot injuries and assisted in the office with treatments, such as casting, boot placement and scheduling surgeries.

Prior to these places of employment, I have worked in MI for approx. 8 years, and have been employed at various places including physicians’ offices, home health care, a hospital and nursing homes. I have had 34 years of ongoing employment except when I took close to a year off in 1990 when my first child was born.

|  |
| --- |
|  |
| **VOLUNTEER ACTIVITIES**  I volunteer at The Hope Community Church of the Nazarene and I teach children and sing in a band while playing the keyboard.  I lead and participate in bible studies, I enjoy swimming, running, listening to music, and going to concerts. I have 3 children, ages 31, 29, and 25. In the past, I volunteered for High school Activities at Mahomet Seymour High School along with fund raisers. |

|  |
| --- |
|  |
| References:  Kirk Gohsman  (765)438-3661  [kirkgohsman@riverwoodgroup.com](mailto:kirkgohsman@riverwoodgroup.com)  Manager at Champaign Treatment Center |
|  |

Danny Shafer, Army recruiter and father of child I cared for in home care,

1722 E. Colorado Ave. Apt. 201, Urbana, Il 61802

217-202-6796

[dshafer2024@gmail.com](about:blank)

Debbie Riddle LPN Alpha care Home Professionals

406 East State, Mahomet, Il. 61032

debr980@gmail.com, 217-586-5398

Tonya Bell RN

Phone number (217) 586-3094

508 E. State Street. Mahomet Ill

Coworker at Clark Lindsey Village nursing home

Kenna Dunlap Johnson

217-417-9690

41632 E 100th North Road

Fisher, IL 61843

[kjohnsondunlap@gmail.com](mailto:kjohnsondunlap@gmail.com)

(Manager at Gibson hospital)