# Janeth Kreis

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#### **PROFESSIONAL SUMMARY**

Quality driven nursing professional with excellent clinical and management abilities. Force used on continuous operational and care improvements. Hardworking Registered Nurse with success providing individualized patient care. Committed to delivering the highest quality patient care through effective education and counseling. Proven leadership focused on increasing and enhancing patient care and satisfaction. Maintaining the safest environment for patients, their families and the staff.

### SKILLS

Medication understanding and administration Intravenous therapy Administration of medications subcutaneously, orally and via IV Patient care, staff training, chronic disease management, staff supervision, Patient care planning, precepting, HIPAA compliance, organization and planning Patient and family advocacy, emergency care Policies and procedures

# **EXPERIENCE**

Silver Cross Hospital New Lenox, IL - House Supervisor

April 2018 - November 2021

- Motivated and supervised nursing staff and unit charge nurses in delivering quality patient care
- Ensured adequate care coverage by coordinating staffing, while monitoring the flow of patients in and out of the hospital. Providing management for employee injuries and sick calls. Managing visitors at time. Coordinating staffing for the various units including the ICU,

Open Heart unit and overflow units. Taking on the administrative responsibilities during off shifts.

• Providing emergency response during shifts

May 2008 - November 2021 Silver Cross Hospital, New Lenox, IL Staff Nurse

- Administered medications via oral, IV and IM injections and monitored responses.
- Provided direct patient care, stabilized patients and determine next course of action with interaction of medical physicians.
- Managed care from admission to discharge
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Led successful teams comprised of RN's and ancillary staff
- Educated patients and their families on diagnosis and prognosis, treatments options, disease process and management and lifestyle options
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals.

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August 2005 - June 2012 Minooka High School, Minooka, IL. School Nurse

- Oversaw health services including immunization requirements for large high school
- Performed triage on incoming students and determined severity of injuries and illnesses
- Administered different therapies and medications in line with physician medical regimens
- Managed patients recovering from medical or surgical procedures

### **EDUCATION**

Saint Joseph College of Nursing, Joliet, IL - BSN, RN 1990

# Certifications

BLS

ACLS