# Diane Younge-Barnes

## **Labor and Delivery RN**

Toledo, WA 98591 diane.barnes@cox.net +1 360 864 6847

Secure a Labor and Delivery RN position Provide teaching and education to patients and family. Assist providers with exams and procedures. Promote bonding and breast feeding

Authorized to work in the US for any employer

# Work Experience

#### **RN School Nurse**

Maxim Healthcare Group - Vancouver, WA April 2022 to June 2022

Provide nursing care to students with life threatening conditions. Vaccine compliance, create individual health plans. Nursing assessments for students coming to the Nursing office with injuries, or not feeling well. Provide input at Individual Education Plan meetings. Communication with parents about their students visit to the Nursing Office.

#### Staff Nurse RN

MultiCare Health System - Puyallup, WA September 2019 to December 2021

• Care of pregnant woman, IV starts, blood collection, fetal monitoring with interventions as needed, teaching and education of patient and family. Assist with positioning for epidural or spinal, medication administration, participation during delivery of baby. Circulate and Scrub Cesarean Sections, assist with breast feeding, promote skin to skin bonding time with mom and baby. Recovery of mom and baby.

### **School Nurse RN**

Bethel School District thru Elevation Health Care - Spanaway, WA April 2019 to June 2019

• Care of High School students at two locations. Update and create care plans for students with life threatening and other conditions. Vision and hearing screening. Input into Individualized Education Plans. Teaching and counseling to students and family, dispense medications.

### **RN Staff Nurse**

Peace Health Medical Group - Longview, WA December 2018 to February 2019

• Care if pregnant woman, telephone and in person triage. IV starts, fetal monitoring, teaching and education. Blood collections, assist with positioning for epidural or spinal. Medication administration, participate in delivery. Care of mom and baby after delivery until discharge from hospital, support skin to skin bonding time with mom and baby, providing interventions as needed. Circulate Cesarean Sections, recovery of mom and baby until discharged home.

### **OB and Acute Care RN**

Care of Pregnant - Tonasket, WA May 2018 to July 2018

• Care of pregnant woman sent from clinic for additional observation, care of women in Labor, fetal monitoring, interventions for maternal and fetal well being. Teaching and education about the labor process, delivery, post partum along with newborn care. Assist with delivery and care of neonate immediately after delivery, encourage bonding and breast feeding. Recovery of mom and baby. If there no Labor and Delivery patients, I was

If there no Labor and Delivery patients, I was assigned to a Medical/Surgical Rehabilitation area of the hospital. An area that I had no experience in, I was unable to become proficient in, so I was released.

### **School Nurse**

North Thurston School District - Lacey, WA August 2016 to August 2017

• Care plans for students with life threatening and other medical conditions., Hearing and vision screening, Vaccine compliance, dispensing needed medications to students, respond to injuries occurring at school.

### **School Nurse**

Bethel School District - Spanaway, WA August 2015 to June 2016

• Brought vaccine compliance from 75% to 98%, care plans for students with life threatening conditions and other medical conditions that staff should be aware of. Respond to injuries occurring at school, treat injury or calling 911 if indicated. Hearing and vision screening, Accompany Social Worker on home visits where student attendance or care at home was problematic. Provide input to 504 accommodation plans.

#### **Baby Nurse in OR**

Sharp Mary Birch Hospital - San Diego, CA January 2013 to May 2013

• Pre op care of women scheduled for C-Sections. Pre op, intra op and post op teaching, fetal monitoring, IV starts, blood collection. Accompany mom to be to Operating Room, orient to personnel in Operating and procedures that will occur. Assist in positioning for spinal/epidural, participate in pre surgery time out. Care of baby after delivery, interventions as needed for baby. Accompany significant other and baby to PACU Well Baby Nursery, obtain weight and measurements enter into computer along with my baby assessment. Return to the Operating Room, assist in moving mom to gurney and to PACU to reunite with baby.

# Registered Nurse Labor and Delivery, Recovery

Eden Medical Center - Castro Valley, CA March 2012 to December 2012

• Labor and Delivery Nurse, care of mom and baby during labor, fetal monitoring, IV starts, blood collection. Interventions as needed for mom and baby. Assist provider with delivery, care and interventions as needed for mom and baby. Promote bonding and breast feeding. Woman coming to the Labor and Delivery for assessment of labor, preterm labor, decreased fetal movement and other

conditions were seen in Labor and Delivery, then sent home or admitted to the hospital. Provided care, teaching and education for these patients

# Registered Nurse Labor and Delivery, Recovery

El Centro Regional Medical Center - El Centro, CA March 2011 to June 2011

Care of patients in Labor and Delivery, interventions for mom and baby. IV starts,, administer medications. Scrub & Circulate C-Sections, Assist provider during delivery, care of newborn after delivery, providing interventions as needed. Recovery of mom and baby.

### Registered Nurse Obstetrical Triage/Labor and Delivery

Kaiser Permanente - San Diego, CA January 1999 to April 2010

• Phone and in person triage of OB patients over 20 weeks gestation or size. NST's, fetal monitoring for fetal well being. Blood work as needed for Pregnancy Induced Hypertension, Urinary tract infection, and other pregnancy problems. I was involved in creating this area and writing policies and procedures. Continued to work in Labor and Delivery to keep my skills current.

### Registered Nurse Labor and Delivery

Kaiser Permanente - San Diego, CA October 1987 to January 1999

• Care of pregnant woman during labor, along with care of antepartum patients on the Labor & Delivery floor. Fetal monitoring, IV starts, catheter insertion, assist in positioning for epidural,, teaching and education, orientation for new employees, scrub and circulate C-Sections and other OB procedures.

### Registered Nurse Labor and Delivery, OB Triage

UCSD Medical Center - San Diego, CA August 1983 to December 1987

• Care of pregnant women in labor, teaching and education, assistance Anesthesia with epidural and spinal placement. Fetal monitoring, IV starts, administer medications, interventions as needed for mom and baby. Assist provider and provide coaching to patient during delivery, scrub and circulate cesarean sections and other OB procedures. Promote mom to breastfeed and bonding with new baby

### **Registered Nurse**

Palomar Hospital - Escondido, CA January 1982 to August 1983

• Care of pregnant woman while in labor, delivery with and recovery, care of babies in the newborn baby and care. of mom and baby in postpartum. Fetal monitoring, IV starts, interventions for mom and baby. Checking fundal height and bleeding after delivery assess breasts, help with breastfeeding. Blood tests on baby mandate by the State

### Education

### **Bachelor's in Nursing**

San Diego State University - San Diego, CA September 1974 to December 1981

# **Nursing Licenses**

### RN

Expires: January 2023

State: WA

### Skills

- RN
- Operating Room C-Sections and other OB procedures (10+ years)
- Fetal Monitoring (10+ years)
- Scrub and circulate C-Sections (10+ years)
- IV Therapy (10+ years)
- Nursing (10+ years)
- Vital Signs (10+ years)
- Medication Administration (10+ years)
- OB Triage (10+ years)
- EMR Systems (10+ years)
- Hospital Experience (10+ years)
- Infant Care (10+ years)
- Experience Administering Injections (10+ years)
- Teaching (10+ years)
- Patient Care (10+ years)
- Cerner
- Acute care
- Communication skills
- Patient assessment
- Epic
- · Phlebotomy
- Triage

# Certifications and Licenses

### **RN WA**

December 2021 to January 2023

RN60485587

### **BLS/CPR**

March 2022 to March 2024

### **ACLS Certification**

October 2021 to October 2023

### **Advanced Fetal Monitoring**

February 2021 to February 2023

### **PALS**

January 2022 to January 2024

# **Neonatal Resuscitation Program (NRP)**

September 2021 to September 2023

### **AED Certification**

### **NALS Certification**

### Additional Information

- Over thirty five years experience as a Labor and Delivery Registered Nurse providing Comprehensive OB Nursing Care to patients, including teaching, education and information to patient and /or family.
- In person and phone OB triage, in an area I was involved in creating, performing fetal monitoring, non stress testing, lab collection and providing care for other patient needs.
- Possess leadership skills including the ability to delegate tasks to other staff, based on patient condition and staff expertise. Provide prompt rational thinking in emergency situations.
- Assist Physician and Other Providers with complex procedures. Experience scrub and circulating OB procedures
- Promote healthy living skills, send referrals for patient and families to allied health care providers.
- Collaborate with other members of interdisciplinary health care team.