

Arika Gosdeck

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Dynamic Registered Nurse with expertise in providing top-quality patient and customer care. Proven ability to provide compassionate patient care and support to all ages, including pediatrics, geriatrics, and those with disability. Committed to growth within the healthcare field; asset to my organization. Hold exceptional skills in communication, time management, and organization. Works adeptly in team environments along with independently and displays strong leadership and mentoring abilities.

Work Experience

Director of Nursing, Registered Nurse

Pederson Crossing Blvd - DeForest, WI

October 2019 to August 2020

DON for CBRF/RCAC facility- oversee daily operations of nursing services, resident's health and healthcare staff. Maintain state and company compliance per policy. Maintain resident files. Perform assessments for move-in's and change of conditions. Communicate resident needs to physicians/families and implement orders as prescribed. Work closely with Hospice and implement orders as directed, based on resident condition. Delegate med passers and oversee the process. Manage healthcare staff schedules and changes, 24/7 on call duties including staff and resident concerns and open shift fill-in.

Director of Nursing, Registered Nurse

S Bristol St - Sun Prairie, WI

June 2019 to November 2019

DON for CBRF/RCAC facility- oversee daily operations of nursing services. Perform assessments for move-in's, annually, and with change of condition. Communicate resident needs to physicians and implement orders as prescribed. Maintain state and company compliance per policy. Maintain resident files. Delegate med passers and oversee the process. Track and submit monthly quality assurance data. Work as a team with Sales and the Executive Director on meeting senses goals. Assure resident needs and services are being delivered and met accordingly.

Registered Nurse

Dean Medical Group - Madison, WI

May 2016 to June 2019

Work as a RN in an ambulatory setting in Ear, Nose, and Throat/Head and Neck Surgery, including some Oncology, along with Urgent Care fill in. Provide direct care of pediatric, adult, and geriatric patients. Assist in the charge nurse role, including peer guidance, training, developing work plans, and assist with staff scheduling. Successfully manage two surgeons practices along with assisting other physicians and triage calls throughout the day. Surgeon's schedules are well organized and maintained. Assist with in-office procedures, such as MOHS closures, biopsies, epistaxis control, & mass excisions, using sterile technique when indicated and confidence with equipment like cautery machine, suction, surgical instruments, etc. Experience with injections, immunizations, EKGs, phlebotomy, IV's, tracheostomies. Perform instrument reprocessing, schedule complex surgeries, aid in the referral process, submit prior

authorizations and over all keep the daily routine and flow of the clinic operating smoothly, maximizing workflow and optimization of the patient care process. Patients are provided with dedicated care and follow through.

Registered Nurse

Dean Medical Group - Madison, WI

February 2016 to June 2018

WI

- Completed RN clinical internship in Immediate Care setting (Urgent Care), then hired on as PRN RN. Roomed and cared for the patients as they arrived; checked and recorded vital statistics and performed stabilizing activities to ensure patient readiness for physician examination. Expedited care for severe injuries such as vehicular accidents, allergic reactions, or other trauma. Assisted with acute cardiac and respiratory situations as they presented. Inserted peripheral IV lines, blood draws from IV's, performed nebulizer treatments, ear and eye flushes, orthostatic vitals, EKG's, wound care, and administered therapeutic injections. Assisted with laceration procedures.

Licensed Practical Nurse

Dean Clinic - Madison, WI

October 2008 to May 2016

Worked as a LPN in an ambulatory setting in Ear, Nose, and Throat/Head and Neck Surgery, including some Oncology. Provide direct care of pediatric, adult, and geriatric patients. Successfully managed a Head and Neck Oncologist's practice along with assisting other physicians. Surgeon's schedules were well organized and maintained. Assisted with in-office procedures using sterile technique if required, reprocessed instruments, answered phone calls, scheduled complex surgeries, medical imaging & referrals, submitted prior authorizations and over all kept the daily routine and flow of the clinic operating smoothly maximizing work flow and optimization of patient care processing.

Licensed Practical Nurse

Dean Medical Group - Madison, WI

January 2012 to February 2015

UW Medical Foundation, 4122 E Towne Blvd, Madison, WI

- Worked as a LPN in an Immediate Care setting (Urgent Care). Roomed and cared for the patients as they arrived; checked and recorded vital statistics and performed stabilizing activities to ensure patient readiness for physician examination. Expedited care for severe injuries such as vehicular accidents, allergic reactions, or other trauma. Assisted with acute cardiac and respiratory situations as they presented; accompanied with a physician or registered nurse. Inserted peripheral IV lines, blood draws from IV's, performed nebulizer treatments, ear and eye flushes, orthostatic vitals, EKG's, wound care, and administered therapeutic injections. Assisted with laceration procedures.

Certified Nursing Assistant

Med Tech - Marshall, WI

November 2009 to November 2010

Assisted in Activities of Daily Living for the residents. Performed cares, promoted mobility, laundry, meal preparation, and medication passes. Provided and promoted safety and independence.

Licensed Practical Nurse

Aurora Health Center - Bonduel, WI

August 2007 to August 2008

Worked as a LPN in a Family Practice Clinic setting. Roomed and cared for the patients as they arrived; checked and recorded vital statistics and performed stabilizing activities to ensure patient readiness for physician examination. Administered IM/SQ, allergy desensitizing, and immunization injections, performed phlebotomy and in office lab tests such as RST, Mono, UA's, assisted with in office procedures and scheduled referrals, appointments, and imaging.

Licensed Practical Nurse

Dean Clinic - Madison, WI

January 2007 to August 2007

Worked as a LPN in the clinic setting in Ear, Nose, and Throat. Successfully managed provider's practices. Surgeon's schedules were organized and maintained. Assisted with in office procedures using sterile technique if required, reprocessed instruments, answered phone calls, scheduled surgeries, medical imaging & referrals. Tended to patient care needs.

Certified Nursing Assistant

Lewellen St - Marshall, WI

August 2005 to December 2006

Assisted in Activities of Daily Living for the residents. Performed cares, promoted mobility, laundry, meal preparation, and medication passes. Provided and promoted safety and independence.

Certified Nursing Assistant

N4637 Co Rd Y - Jefferson, WI

February 2004 to August 2005

Assisted those with disability's in promoting quality of life and Activities of Daily Living. Provided and promoted safety and independence. Assisted in adherence to medication therapy.

Education

Associate of Science of Nursing in Nursing

Herzing University - Madison, WI

2016

Licensed Practical Nursing Program

Madison Area Technical College - Fort Atkinson, WI

2007

Certified Nursing Assistant Program

Madison Area Technical College - Watertown, WI

2003

Skills

- Experience Administering Injections
- Nursing
- Hospice Care
- EMR Systems

- Triage
- Vital Signs
- Medication Administration
- Caregiving

Certifications and Licenses

RN