



# Arnise Harris, BSN, RN

## Professional Summary

Hardworking nursing professional bringing experience in delivering exceptional care to at-risk patient populations in acute, rehabilitative, and home settings. Knowledgeable about the regulatory and standards of care requirements. Skilled at maximizing patient comfort and safety while meeting strict cost control standards. Well-organized and forward-thinking in managing patient needs.

## Work History

**Cross Country Healthcare- Provident Hospital of Cook County, Registered Nurse, PACU 01/2022-04/2022**

- Provided the assessment of physical, mental, pain, and psychosocial health status of the infant, child, adolescent, adult, and geriatric populations before after surgical procedures.
- Coordinated with other surgical care team members to give post-operative care to patients recovering from anesthetic effects.
- Determined patient readiness for discharge to phase II recovery, medical units, and discharge home.
- Communication of discharge instructions verbally and in writing to ensure patient understanding of post-operative care.
- Maintains airway, monitor vital signs, surgical site, and pain level, while adhering to medication protocols and physician orders.

**AYA Healthcare- Amita Mercy Medical Center, Registered Nurse, PACU 07/2021-01/2022**

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- Coordinated with other surgical care team members to give post-operative care to patients recovering from anesthetic effects.
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(773) 554-8453

## Skills

- Intravenous therapy
- Patient and family advocacy
- Preventative health
- Wound care
- Tube feedings
- Medication administration
- Ventilator care
- Medical ethics
- Setting up referrals
- EMR / EHR
- High level of autonomy
- Physical assessments
- Strong clinical judgment
- Emotional intelligence

## Education

July 2019  
**Waubensee Community College**  
Sugar Grove, IL  
**Associate of Science: Nursing**

July 2021  
**Eastern Illinois University**  
Charleston, IL  
**Bachelor of Science: Nursing**

## Certifications

- BLS
- ACLS
- PALS

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**Cross Country Travel-John Stroger Hospital, Registered Nurse,  
PACU 06/2021-07/2021**

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**West Suburban Medical Center-Registered Nurse, PACU, Same  
Day Surgery 12/2020-05/2022**

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**Mt. Sinai Hospital-Registered Nurse, PACU, Outpatient Surgery  
09/2020-12/2020**

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**Kindred Healthcare - Registered Nurse** *09/2019 – 04/2020*

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Facilitated therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Conveyed treatment options, diagnosis information and home care techniques to patients and caregivers to continue care consistency.