

# Mary Osho

## **Registered Nurse**

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I am an Adult Emergency/Critical Care RN and responsible for managing the care of the adult and elderly patient experiencing severe, but usually life threatening problems requiring complex assessment, intensive therapies and interventions, and high levels of nursing vigilance. The Adult Critical Care RN is responsible to the Lead Nurse, the Clinical Manager for assigned Critical care. I've been a Registered Nurse for several years with vast amount of experience and training in multiple specialty areas which include Med-surgical, Neurology, Oncology, Telemetry, Intermediate care and Emergency Department: also have several years of experience in Case management which includes Home health managed care and managed care experience in the private sector. I am experienced in managing client with acute and chronic illness. My goal is bridge gaps in the health care system, improving quality of lives by promoting wellness and following evidence based standard of care.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse, Intensive Care Unit Saint Francis Medical Center**

Snap Nurse MedTech - Monroe, LA

January 2021 to Present

1. Manage critically ill patients currently on sedation and ventilation
2. Perform complex assessments
3. Assist with Intubation
4. Assist with sterile procedures such as insertion of Art line or CVC
5. Educate family regarding patient
6. Coordinate care with other disciplinarians

### **Registered Nurse ICU/CCU Grenada Hospital**

SnapNurse - Grenada, MS

September 2021 to December 2021

1. Manage critically ill patients that require life sustaining support
2. Titration of vasopressors and sedation drips
3. Assist with rapid intubation
4. Assist with procedures such as CVL placement
5. Perform complex assessments
6. Coordinate with other disciplinarian regarding management of client
7. Educate family regarding client and procedures

### **ICU Nurse Johnston Medical Center**

AMN Healthcare - Springfield, NC

January 2021 to August 2021

1. Assess / manage critically ill patients

2. Coordinate with other disciplinarians
3. Titration of life sustaining drips
4. Manage sedation to avoid asynchronous of ventilator
5. Assist with procedures such as Arterial line placement and management
6. Manage ventilator such as inline or oral suctioning to help facilitate adequate oxygenation
7. Educate / update families regarding there significant others
8. Advocate for patient to help facilitate a positive outcome

### **Registered Nurse Med/Surg/Telemetry Saint Joseph Hospital**

AMN Healthcare - Atlanta, GA

August 2020 to January 2021

1. Manage Covid patients with cardiac dysfunction
2. Assess patients for complications
3. Educate patients /Families on management of COVID-19
4. Coordinate with providers for symptom management
5. Interpretation of rhythm strips
6. Implement teamwork

### **ICU RN Baptist Medical**

SNAP Nursing - Miami, FL

July 2020 to August 2020

1. Worked with Covid patients in the unit
2. Participating in team nursing concept
3. Assess /management of COVID-19 patients on multiple pressers
4. Use critical skills to avoid a code
5. Manage Ventilator when RT not available

### **Chicago Covid Crisis**

Favorite Healthcare Staffing (FHS) - Rockford, Central Chicago and South Chicago - Matteson, IL

January 2020 to July 2020

1. Assisted with setup of makeshift facility in communities
2. Manage clients in Behavioral facilities that were considered "hot spots"
3. Assess/Educate patients regarding Covid -19
4. Coordinate with providers regarding symptom management

### **Level III EMERGENCY Nurse**

Grady Health System - Atlanta, GA

June 2019 to January 2020

Emergency Room Duties and Responsibilities:

1. Quickly and accurately assess patients' needs
2. Work collaboratively with other healthcare disciplinarian to provide exceptional care
3. Perform requested diagnostic tests
4. Manage multiple cases simultaneously, prioritizing needs continually
5. Abide by all legal and safety requirements at all time
6. Maintain a clean, sanitary and organized work environment.
7. Abide by hospital rules and regulations
8. Provide follow up care instructions to patient, and recommend necessary referrals

9. Maintain an accurate and update chart at all times
10. Attend all training and continual education required

### **Level III ICU Registered Nurse**

Piedmont Hospital Healthcare - Fayetteville, GA  
April 2017 to August 2019

1. Conducted Individualized Care plan based on skilled assessments with coordination of provider.
2. Work with titration of drips such as Norepinephrine, Epinephrine, Propofol, Dobutamine and other drips utilized to sustain life.
3. Perform mend, trainer four and NHIS assessments

### **Level III Registered Nurse**

Grady Healthcare System - Atlanta, GA  
June 2016 to April 2017

1. Conducted Individualized assessments, prioritizing data collected based on the individual, immediate condition or need based on the timeframe specified by our facility policies and procedure.
2. Developed plan of care that is individualized and collaborated with other members within the healthcare team.
3. Performed appropriate treatment as ordered by physician in an efficient and timely manner.
4. Provided individualized patient /family education customized to patient and his/her family.
5. Documented patient assessment findings, physical/psychosocial responses to nursing interventions and progress towards problem resolution.
6. Report patient's changes to appropriate personnel.
7. Maintained confidentiality in matters related to patient, family and staff.
8. Conducted ongoing assessment as determined by individual/condition and facility policies.

### **Med/Telemetry RN**

Grady Healthcare System - Atlanta, GA  
June 2014 to June 2016

1. Utilized previous responsibilities and was a resource to new/beginning nurse.

### **Care Manager**

Aetna Inc - Atlanta, GA  
2013 to 2015

1. Managed under a dedicated plan sponsor.
2. Managed a case load of 40-60 members, following processes and policies per organization, skills (assessing, planning, implementing, coordinating, collaborating, evaluator and ultimately advocator.
3. Provided quality care in a cost effective manner thru utilizing resources current under benefit plan.
4. Submitted cases to Medical Director that are complex in nature and Success stories.
5. Collaborated with other colleagues for additional support.
6. Advocated for consumer.
7. Established Plan of care with support from patient and care giver.

### **Care Manager**

United Healthcare - Atlanta, GA  
January 2007 to July 2013

1. Managed members in the community.
2. Provided, dedicated and caring professional care in client's setting.

3. Performed skilled care such as wound care, intravenous management, establishing treatment plan under supervision of MD.
4. Assessed the needs, discussed goals with care giver and client and assisted with establishing strategies to meet their goals.
5. Educated client /Cg on disease process, Medications and standards of care for managing their disease process.
6. Completed Oasis assessment following facility policies and Medicare/Medicaid guidelines such as admission, resumption, transfers, and discharges and provided info timely.

### **Float Pool RN**

Grady Health System - Atlanta, GA  
January 2007 to June 2013

1. Provided skilled care to 7-9 patients in various specialty areas.
2. Provided leadership experience as a Charge nurse.
3. Mentor to new grads.
4. Floated to various areas within acute setting.

### **Care Manager**

United Healthcare  
2006 to 2013

1. Utilized same skills as previous position.

### **Case Manager**

Central Home Healthcare - Morrow, GA  
January 1994 to January 2004

1. Same skill set as previous job description.

## Education

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### **Associate of Nursing in Nursing**

Clayton State University  
January 1994

### **Bachelor's in Registered Nurse**

Clayton State College

## Nursing Licenses

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### **RN**

Expires: January 2023

State: GA

### **RN**

Expires: August 2021

State: NY

### **RN**

Expires: September 2021

State: CA

## **CNM**

Expires: June 2023

State: GA

## Skills

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- RN
- Acute Care
- Office Experience
- Travel Nursing
- ICU Experience
- Medication Administration
- Time Management
- Home Care
- Nursing
- English
- Med Surg
- Home Health
- Hospital Experience
- Staff Nurse
- Critical Care
- Medical Surgical
- Laboratory Experience
- Managed Care
- EMR Systems
- Triage
- Vital Signs
- Case Management
- Cerner
- Employee Orientation
- Hospice Care
- Nurse Management
- Patient Care
- Medical Records
- ICD-10
- Phlebotomy
- Experience Administering Injections
- Venipuncture

- Epic
- Critical Care Experience
- Ventilator
- Problem-solving
- Team Work
- Caregiving
- Flexibility
- Reliability
- Supervising Experience

## Certifications and Licenses

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### **BLS Certification**

September 2020 to September 2022

### **ACLS Certification**

November 2019 to November 2021

## Assessments

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### **Electronic Medical Records Knowledge — Highly Proficient**

March 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: [Highly Proficient](#)

### **First Aid — Highly Proficient**

March 2019

Measures a candidate's ability to identify treatments for common medical emergencies.

Full results: [Highly Proficient](#)

### **Medical Terminology — Proficient**

March 2019

Understanding and using medical terminology

Full results: [Proficient](#)

### **Nursing Skills: Clinical Judgment — Highly Proficient**

May 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

### **Electronic health records: Best practices — Highly Proficient**

June 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

## **Clinical judgment — Highly Proficient**

May 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

## **Work style: Conscientiousness — Proficient**

June 2020

Tendency to be well-organized, rule-abiding, and hard-working

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.