

Maria Torchia

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Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Registered Nurse VA Hospital Jesse Brown Medical Unit-

Jesse Brown VA Medical Center - Chicago, IL

July 2013 to Present

- Educate patients how to manage and adapt to physical injuries such as broken bones or degenerative diseases
- Advise patients on physical exercise regimens, healthy eating and sleeping patterns.
- Dispense medications and treatments per doctor's orders and educate patients and families regarding pre- and post-operation care and when appropriate to institute.
- Educate patients and families regarding diagnosis and disease processes.
- Provided general nursing care and assessment, monitoring lab values, medication administration and wound care
- Keep physicians informed of patient's condition, offering accurate nursing assessment regarding patient's status
- Experience with working with Covid-19 patients
- Experience with performing Covid-PCR and antigen tests.

RN Crisis Nurse

Planet Healthcare - Peoria, IL

September 2021 to February 2022

RN nurse assigned to a Rehabilitation floor working with medical surgical patients. Floated to multiple medical surgical floor accommodating the hospital needs.

Advocate Aurora Health- Patient Command Center Bed Coordinator RN

Advocate Aurora Health

March 2019 to August 2021

- Provides ongoing assessment, planning, implementation and evaluation of customer needs to enable proactive planning of admissions, discharges and transfers.
- Facilitates and coordinates assignment of the patient to the most appropriate bed.
- Performs review of potential admissions (ED, Procedural, Direct, Transfers between facilities) to match the health care needs of the individual patient with the most appropriate level of care and services.
- Keeps the nursing service administration informed of the needs of the nursing units and of any special problems
- Coordinates all admission, discharge and transfer functions for bed control. Receives and coordinates the intake of all bed requests for new requests, as well as internal and external transfers. Works

independently to assign beds according to the Hospital established protocol, utilizing the House Supervisor to collaborate with on patient admission assessments as necessary

- Maintains working knowledge of Hospital census and bed demand at all times. Follows established protocols for patient placement relative to diagnosis, isolation needs and level of care requirements.
- Updates all ADTs in electronic system. Coordinates with EVS for clean bed priorities. Assists with answering phone calls in nursing administration office when needed.

M/S /Post-Surgical Flex Nurse

University of Illinois

June 2016 to May 2019

- Acts as a resource and a role model for nursing staff and students and participates in activities such as nursing committees and professional organizations that promote the improvement of nursing care and the advancement of professional rehabilitation nursing
- Applies nursing research to clinical practice and participates in nursing research studies
- Reinforces the teaching done by specialists in rehabilitation and other healthcare disciplines and provides resource materials for clients' changing needs
- Provides in-service education for healthcare team members and members of the community regarding the prevention of disabilities
- Contributes to a safe and therapeutic environment and supports activities that promote the clients' return of function and prevent complications or chronic illness
- Follow-up post-surgery to monitor surgical sites
- Monitored post-op vitals, set up PCA, reviewed post-op orders

Observation/Telemetry Nurse

Northshore Glenbrook Hospital

May 2017 to July 2018

- Monitored patients cardiac rhythm and notified doctors of any abnormalities
- Educated patient on surgical procedures
- Prepared patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures
- Experienced with patients with cardiac conditions such as: chest pains, arrhythmias, CVA, MI, post-infarct

Medical Surgical Nurse

Kindred Hospital

April 2013 to July 2013

- Experience with trachs and vents.
- Monitor and treat post-op patients; read and monitor telemetry for patient rhythm and heart rate changes, and notify physicians for changes in patient condition, changes in telemetry or abnormal lab results.
- Provided tracheotomy care and wound care for all post-op patients.
- Dispense medications and treatments per doctor's orders and educate patients and families regarding pre- and post-operation care and when appropriate to institute.
- Educate patients and families regarding diagnosis and disease processes.
- Provided general nursing care and assessment, monitoring lab values, medication administration and wound care
- Experience with PEG tube, NG tube, and tube feeding equipment.
- Experience with IV antibiotic drug administration and IV push drug.

Rehab Nurse

Life Care Center of Port Townsend

January 2013 to July 2013

- Communicate with family and responsible parties regarding inquiries about residents, in compliance with facility policy on confidentiality.
- Assess need for preventive and restorative programs to ensure optimum achievable quality of life for each resident.
- Evaluate geriatric resident for skin integrity and functional status; maintain skin records.
- Use resident assessment to help set measurable goals and objects in a care plan that meets the resident's physical, mental and psychosocial needs.
- Perform skilled nursing procedures, i.e., insertion of tubes, dressing changes, wound treatment, etc
- Arrange for tests and procedures and follow up to ensure completion.
- Evaluate residents regularly for evidence of changes in condition using assessment skills based on accepted nursing standards
- Keep physicians informed of patient's condition, offering accurate nursing assessment regarding patient's status
- Insert intermittent and indwelling catheters
- Obtain blood samples from a central venous access device
- IV drug administration

On call Staff Nurse

Island Health & Rehabilitation Center

November 2012 to July 2013

- Provide patient care through assessment implementations, and evaluation of resident care plans
- Administer medications and perform treatments as directed by physicians
- Communicates with residents and family members while making daily rounds
- Ensures proper documentation of resident records
- Notifies appropriate parties of change in resident condition or status
- Direct and monitor the work of other employees to ensure appropriate resident care
- Ensure nursing department compliance with federal, state and local regulations
- Ensures the appropriate healthcare standards are executed and met.
- Administer continuous tube feeding

Personnel Assistant III

United States Navy - Silverdale, WA

May 2010 to September 2010

- Collected and filed over 1,000 travel claims.
- Maintained over 500 service members' records with up to date accurate information.
- Resolved pay record and personnel record problems

Human Resource Specialist

United States Army - Chicago, IL

February 2001 to February 2009

- Provided customer service support for the human resource department including answering phones and emails
- Prepared documentations to discharge service members from duty
- Prepared, updated and coordinated service members request for evaluations.
- Supervised a group of 4 on hazmat operation while on deployment to Kuwait.

Education

Bachelor of Science in Nursing in Nursing

Seattle University - Seattle, WA

August 2012

Associate in Applied Science in Medical Assisting in Medical Assisting

Robert Morris College - Chicago, IL

November 2004

Nursing Licenses

RN

State: IL

Skills

- EMR
- Epic
- Time Management
- Customer Service Skills
- Word
- Nursing Experience
- Organizational Skills
- Tube Feeding
- Hospital Experience
- Medication Administration
- Vital Signs
- Travel nursing

Military Service

Branch: United States Army

Rank: SGT

Certifications and Licenses

BLS Certification

Additional Information

- Excellent interpersonal skills experience working with diverse patient populations
- Advocate for patients rights; strive to understand a patient's needs and concerns
- Hardworking and energetic; flexible; adapt easily to change of environment and work schedule.
- Strong clinical and critical thinking skills.
- Experience in Tele Tracking, Theradoc, and First Net software.