

Crystal Thomas

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Family Nurse Practitioner

Compassionate Nurse Practitioner, with expertise in patient care, patient education, training delivery, patient evaluation, and treatment planning. Dynamic professional with experience in electronic medical records, team leadership, cross-functional collaboration, determining patient needs, and clinical assessments.

Work Experience

Family Nurse Practitioner

Pioneer Physicians Urgent Care
September 2020 to Present

- DEA licensed
- Provides initial wound care, application of splinting materials for sprains and fractures as indicated, EKGs, venipuncture, IV hydration as needed
- Provides emergency response to patients in distress, diagnostic imaging and treat accordingly.
- Examines and treats walk in patients as well as employees who are injured on the job or off.
- Examines and treats all patients within established guidelines and scope of practice, this includes seeing pediatric patients as well as adults, acute care and chronic care
- Demonstrates leadership by serving as an example to others regarding professional behavior, handling multiple tasks, maintaining a positive attitude, and in response to organizational change
- Manage all employee scheduling, hiring, and keeping track of performance and accountability
- Ordering all supplies as needed, inventory management
- Building and maintain relationships with outside companies, such as lab, DME, PT, etc. Excellent marketing skills.
- Staffing, marketing, budgeting and Recruiting
- Interfacing with county medical organizations to procure appropriate vaccinations and other medical supplies.
- Collaboration, development, educational training, and facilitation of new EMR systems.

Family Nurse Practitioner

Advanced Integrative Medicine
August 2020 to September 2021

- Provide holistic options to patients for symptomatic and disease treatment.
- Manage geriatric and adult populations
- Manage chronic conditions and adjust medications, testing, and treatments as necessary.
- Recommend immunizations and preventative testing as per CDC guidelines.

Family Nurse Practitioner

Chicagoland Infectious Disease
March 2020 to September 2021

- Examined, diagnosed, and treated all patients suffering from infections, including covid 19.
- Implemented isolation precautions as appropriate.
- Determined, conducted, and interpreted appropriate diagnostic and laboratory studies.
- Provided appropriate antibiotic therapy to patients and conducted necessary medical follow up.
- Informed and counseled patients and their families regarding a medical condition and medication administration.
- Monitored infectious disease patients and maintained patient files and treatment records.

Registered Nurse Case Manager

Heartland Hospice

January 2018 to December 2019

- Deliver educational in-services for staff and family members on healthcare topics and conditions.
- Collaborate with team members to maintain quality of life and comfortable care.
- Alert physicians on condition changes, create individualized care plans, and implement patient care plans.
- Evaluate patients to determine current care needs and initiate treatment plans.

Registered Nurse

Skyline Urgent Care

January 2017 to December 2018

- Recognized, prioritized, and expedited patient cares depending on situations, such as emergencies (cardiac, multiple traumas, or allergic reactions).
- Partnered with nursing staff and physicians to minimize complications in patient care and improve health.
- Completed diagnostic testing, therapies, clinical assessment, IV administration, injections, phlebotomy, and respiratory therapies for acutely ill patients.
- Remained calm and reacted appropriately during life-threatening emergencies; initiated codes, collaborated with other medical professionals, and identified unexpected situations.

Clinical Supervisor

Maxim Health Care

January 2016 to December 2017

- Led all clinical operations and office staff daily; supervised in-home cases to ensure all treatment plans were followed and regulations met; updated care plans for health changes.
- Analyzed and managed home care delivery for adult and pediatric patients.
- Interviewed, hired, trained, and evaluated all new employees in all clinical operations, processes, and procedures.
- Enforced federal, state, and local regulations and laws.

Registered Nurse Case Manager

National Senior Care Home Health

January 2015 to December 2015

- Visited clients in homes weekly to evaluate health, create care plans, and implement plans.
- Managed all cases while supervising and guiding LVNs and CNAs.
- Collaborated with cross-functional, interdisciplinary teams to create effective and accurate care plans.
- Assessed patient conditions, updated electronic medical records, and updated physician's offices with changes.
- Completed IV/TPN therapies and obtained blood specimens.

- Educated patients and families on disease prevention and health wellbeing.
- Executed wound vac and wound care; drafted appropriate documentation for all procedures.

Registered Nurse

Heart Care Centers - Illinois

January 2011 to December 2014

- Cared for patients before and after surgical procedures and operations in the outpatient setting.
- Educated patients on diagnoses, therapies, treatments, diseases, and tests.
- Obtained preauthorization's and consent forms before therapies were administered.
- Oversaw the Coumadin clinic operations daily; dosed patients in alignment with INR values, educated patients on warfarin/Coumadin, and updated physicians on abnormal results or issues.

Associations

Certified Educator for Future Nurse Practitioner Students

NP Hub

Registered Nurse, Admissions

Seasons Palliative Care and Hospice

- Collaborate with Doctors and Nurse Practitioners to develop patient specific plans of care.
- Independently identify and treat immediate patient needs with compassion.
- Assist in the training of newly hired nurses.
- Performed comprehensive physical and cognitive assessments in conjunction with thorough chart and past medical history evaluation to determine eligibility for

Education

Master of Science in Nursing

Chamberlain College of Nursing

December 2019

Bachelor of Science in Nursing

Chamberlain College of Nursing

2018

Associate Degree in Nursing

AANPCB, State

2013

Skills

- Primary Care Experience
- Nursing
- EMR Systems
- Experience Administering Injections
- Laboratory Experience

- Patient Care
- Hospice Care
- Medication Administration
- Cerner
- Medical Imaging
- Employee Evaluation
- Triage
- Phlebotomy
- Medical Records
- Vital Signs
- Venipuncture
- Home Care
- Managed Care
- Recruiting
- Medical Office Experience
- Anatomy Knowledge
- Supervising Experience
- Employee Orientation

Certifications and Licenses

Certified Family Nurse Practitioner

Certified Nurse Practitioner

DEA Certification

RN

BLS Certification