**Rachel Stiver, LPN**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Cell 414-312-2982\*e-mail rachelstiver@gmail.com

**Professional Summary**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am a licensed practical nurse (LPN) practicing for over 15 years in the state of WI and abroad in the United States Army. I have extensive experience and training in clinical, ICU, homecare, and long-term care environments with very diverse populations and age groups. In addition to my military experience, working as an agency LPN has proven beneficial in enhancing my focus and proficiency as a nurse. I am also a Staff Sergeant in the US Army Reserve, and I have served on Active Duty in Nicaragua, at FOB Salerno, Afghanistan, the Pacific Islands, and most recently, New York City in support of COVID-19 relief efforts. I truly enjoy educating patients and families. I am also enrolled in 7-12 credits at NorthCentral Technical college each semester in order to expand my knowledge base.

**Core Qualifications**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Medication knowledge (administration, indications, side effects, contraindications)
* Knowledge of disease processes
* Phlebotomy experience to include IV’s
* Trach and Ventilated patient care experience
* Thorough assessment techniques
* Admission/Discharge planning
* Electronic health records experience
* Patient and family education skills
* Independent critical thinking skills
* Experience in corrections, family practice, ER, ICU, dermatology, behavioral health, internal med, and OB/GYN
* Attention to detail and pride in my work
* Supervisory experience of lower enlisted soldiers

**Education**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**LPN & EMT**

2003-2004 Walter Reed Army Medical Center Washington, DC

**Work History**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**FirstMed Staffing, Pewaukee, WI** March 2021-present

LPN, began as LPN on Aspirus Wausau Hospital Medical Peds Unit for COVID relief, transferred to At Home intake department when needs decreased

**US Army Mobilization, NYC** March 2020-July 2020

My army reserve unit was activated to serve in NYC for COVID relief ICU

**Wisconsin Department of Corrections, LHS/CLS, Irma WI** March 2018-December 2019

LPN, administers medication/vaccines, educates youth on preventative healthcare, assists registered nurses, doctors, and physical therapist as needed

**Guardian Health Staffing, Appleton WI** October 2015-March 2018

LPN, PRN with experience at Marathon County Jail, Milwaukee Secure Detention Facility, and Lincoln Hills/Copper Lake School

**PRN Nursing, Appleton WI** September 2014-January 2017

LPN, PRN staffing at various facilities per company needs, behavioral health and LTC specialty

**Colonial Manor/MGM Healthcare, Wausau WI** February 2014-October 2015

LPN, long term care and rehab, primarily med pass and treatments, tube feedings, peritoneal dialysis, IV medications, as well as assessments

**Brightstar Nursing, Brookfield WI** August 2013-February 2014

Homecare LPN, main caregiver for 2 year old with Dravet’s syndrome, feeding tube, suctioning, medication administration

**Comforcare Home Care, Waukesha WI** January 2013-October 2013

Non-medical home assistant, showering, ADL’s, cooking meals, assisting with meds, running errands

**Premier Medical Staffing, Milwaukee WI** December 2010-December 2012

Various assignments to LTC, family practice, internal med, dermatology, walk in, OG/GYN clinics

**US Army Mobilization, Afghanistan** January 2009-July 2010

My army reserve unit was activated to serve in Afghanistan for ICU/ER

**Family Planning Health Services, Wausau WI** August 2005-September 2008

LPN, women’s health, education on birth control options and sexually transmitted diseases, venipuncture, assist NP’s, also involved in a pilot program to bring FPHS to Milwaukee

**US Army, Neenah WI September** 2002-present

LPN, former EMT, former squad leader, physical training non-commissioned officer, deployed 2006, 2009-2010, 2012, 2020