

Cara Light MSN RN

Colorado Springs, CO 80922

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I am a highly motivated Nurse Executive who possesses exceptional transformational leadership skills. I have a proven track record of promoting growth and increased revenue within the organizations to which I have been employed. I have a passion for developing highly functioning, collaborative teams whose focus is to enhance quality, safety, and the patient/family experience. I am a subject matter expert in the home health care industry as it pertains to OASIS documentation, and state, and federal regulations. I have successfully guided multiple agencies through both state, federal and ACHC surveys.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Director of Clinical Services

Restore Home Health, LLC, Castle Rock. CO & Grand Junction, CO, and Arizona's Choice Home Health Surprise, AZ - Colorado & Arizona

February 2022 to Present

80104 - (720) 376-6819

Job Description: Director of Clinical Services for a Multi-State/Multi-Site Medicare Certified Home Care Agency. Administrative role: 40+ hours weekly

Supervisor: Kristina Juarez, Administrator/General Manager

RN Director of Clinical Services/CNO

24/7 AvaRe Healthcare - Denver, CO

April 2020 to February 2022

80237 - (303) 247-1111

Job Description: Director of Clinical Services and Chief Nursing Officer for an Adult & Pediatric Medicare Certified Home Care Agency with multiple locations. Administrative role: 40+ hours weekly

Supervisor: Tatyana Akhmatova , Administrator/CEO

RN Med Surg

UC HEALTH - Colorado Springs, CO

January 2020 to October 2020

80920 - (719) 364-5000

Job Description: PRN RN Staff Nurse Med Sur: 20-36 hours weekly

Supervisor: Linda Dunahoo, RN MSN MBA CNM

RN Director of Clinical Services

24/7 AVARE HEALTHCARE - Colorado Springs, CO

January 2019 to March 2020

80918 - (719) 247-1111

Job Description: RN Director of Clinical Services for a Medicare Adult Home Care Agency. Administrative role: 40+ hours weekly

Supervisor: Yevgeniy Magay, Administrator

RN Qapi Coordinator

INTERIM HOME CARE - Colorado Springs, CO

April 2018 to January 2019

80909 - (719) 632-9900

Job Description: RN QAPI Coordinator for a Medicare Certified Adult Home Care Agency; Administrative role: 40+ hours weekly

Supervisor: Kelly Freisinger, RN

RN Case Manager

INTERIM HOME CARE - Colorado Springs, CO

October 2017 to April 2018

80909 - (719) 632-9900

Job Description: RN Case Manager; patient care coordinator; Supervisory role: 40+ hours weekly

Supervisor: Kelly Freisinger, RN

RN

CAPE FEAR VALLEY MEDICAL CENTER - Fayetteville, NC

June 2017 to September 2017

28304 - (910) 615-4000

Job Description: RN Staff Nurse on Med-Surg/Tele Heart Failure Unit: 36 hours weekly

Supervisor: Kristi Seeley, RN MSN

LPN

CAPE FEAR VALLEY MEDICAL CENTER - Fayetteville, NC

October 2016 to June 2017

28304 - (910) 615-4000

Job Description: LPN Staff Nurse on Med-Surg/Tele Heart Failure Unit: 36 hours weekly

Supervisor: Kristi Seeley, RN MSN

LPN

NC STATE VETERAN'S HOME - Fayetteville, NC

October 2015 to September 2016

28301 - (910) 482-4131

Job Description: LPN Charge Nurse Long-term Care: 40 hours weekly

Supervisor: Lisa Lane, RN

LPN

CUMBERLAND NURSING & REHAB CENTER - Fayetteville, NC

October 2013 to September 2015

28306 - (910) 424-9417

Job Description: LPN Charge Nurse Long-term Care: 40 hours weekly

Supervisor: Deborah Williams, LPN

LPN

UNC REX HEALTHCARE - Raleigh, NC
May 2012 to October 2013

27607 - (919) 784-3100

Job Description: LPN Staff Nurse Rehab Center: 40 hours weekly
Supervisor: Leslie Smith, RN

LPN

PROFESSIONAL NURSING SERVICE - Garner, NC
September 2006 to May 2012

27592 - (919) 662-1635

Job Description: Home Health Office Manager/Administrator: 40 hours weekly
Supervisor: Betty Wallace, RN CEO

LPN

HEARTLAND HOME HEALTH CARE & HOSPICE - Raleigh, NC
May 2003 to September 2006

27609 - (919) 877-9959

Job Description: LPN Home Health Nurse: 40 hours weekly
Supervisor: Debbie House, RN

LPN

BLUE RIDGE HEALTHCARE CENTER - Raleigh, NC
September 2000 to May 2003

27612 - (919) 420-7432

Job Description: LPN Staff Nurse Long-term Care 40 hours weekly
Supervisor: Molly Mason, RN

Education

MSN

COLORADO TECHNICAL UNIVERSITY
May 2021

BSN

COLORADO TECHNICAL UNIVERSITY
February 2019

ADN

SAMPSON COMMUNITY COLLEGE
May 2017

PRACTICAL NURSING

SAMPSON COMMUNITY COLLEGE
August 2000

Skills

- Case Management
- Medication Administration
- Triage
- EMR Systems
- Hospice Care
- Nursing
- Hospital Experience
- Epic

Awards

Sigma Theta Tau International Honor Society of Nursing

September 2020

Certifications and Licenses

Colorado RN License

October 2020 to September 2022

American Heart Association BLS

December 2020 to December 2022

ACHC Certified Consultant

Groups

American Nurses Association (ANA) Member

Present

Colorado Nurses Association (CNA) Member