# KACY BERGERON, RN, BSN

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I am a highly skilled, motivated, knowledgeable, caring, and professional RN that takes pride in being an advocate for and an educator of patients and families for their optimal well-being. I am a master multitasker who is able to stay focused in any critical situation. I have 15 years of experience as RN with the ability to quickly assess and intervene in any situation or setting.

## **EXPERIENCE**

#### **APRIL 2020 – OCTOBER 2020**

## CHABERT MEDICAL CENTER (HOUMA, LA) – ER NURSE

- Assessed and cared for traumas, codes, STEMIs, and conscious sedation procedures
- Provided care for patients across all levels of acuity and lifespans in a demanding and time-restricted environment
- Provided care to Psych patients with empathy and coordinated care for appropriate resources
- Managed critical care patients on ventilators on critical IV drips while keeping family updated on all events transpiring
- Utilized Epic charting promptly to keep physicians and staff current on each patient's ongoing care

#### **SEPTEMBER 2011 – MARCH 2020**

## TULANE LAKESIDE HOSPITAL (METAIRIE, LA) – ER NURSE LEADER

- Responsible for all coordination of care of patients on unit on designated shifts
- As charge, responsible for triage of all ER patients upon arrival to ER by EMS and private
  vehicle, while also responsible for swiftly obtaining accurate report from all L&D pts
  arriving to hospital and transporting upstairs to L&D unit
- Attend Rapid Responses, Codes, and assist with difficult to access IV's throughout the hospital as needed
- Practiced ultrasound-assisted IV administration on hard stick patients
- Precept new employees and orient to unit, charting, policies, supplies, etc.
- Develop relations for good communication with staff across all units to keep flow of patient care at optimal turnover rates with highest regard for patient safety on all units

### **JULY 2004 – AUGUST 2011**

## THIBODAUX REGIONAL MEDICAL CENTER (THIBODAUX, LA) – ER NURSE

 Provide emergent, critical and general nursing care to patients of all ages and diverse cultural backgrounds

- Administer prescribed medications and treatments in accordance with approved nursing techniques, continually updating method and knowledge base
- Prepare equipment and aid physicians during treatments and examinations of patients.
- Triage to prioritize care and determine order of medical treatment by assessing nature and extent of illness or injury in a timely accurate manner
- Assist in numerous code situations, rotating roles as team leader, recorder, bagmask ventilator, external defibrillator or chest compressor, re-evaluating periodically to intervene as necessary
- Supervise ancillary staff and delegate tasks appropriately, specific to knowledge base of each individual
- Prepare rooms, applying proper infection control related to each patient diagnosis, and knowledge of varying measures for C-Diff, scabies, bed bugs, and differential diagnosis that require nonstandard sanitization
- Review patient's current medications, allergies and medical history, alerting medical providers to pertinent information.
- Titrate IV drips and monitor transfusions such as insulin, pressers, antiarrhythmics, heparin, and sedatives, adjusting in accordance to patient condition
- Interpret lab results, monitor vitals, and obtain baseline norms for each individual to intervene care as necessary
- Maintain clinical skills such as 12-lead electrocardiogram, telemetry, blood drawing, IV catheter, port and foley insertion, IV medication administration, blood administration, critical codes, ventilator care, etc.
- Refer patients to the appropriate resources for the continuation of care beyond discharge

#### MAY 2010 - MAY 2011

# BAYOU PEDIATRICS (HOUMA, LA) – PEDIATRIC RN

- Cared for and treated patients in medical office, as directed by physicians.
- Prepared patient for and assisted with examinations.
- Administered immunizations, injections and medications, and counseled families on vaccine types, schedules, and possible adverse effects 

  Interpreted physician's instructions to patients.
- Performed appropriate treatments and lab testing, including urinalysis, RSV, influenza, and strep screens as ordered by physician in an accurate and timely manner
- Provided care in a non-judgmental manner that was sensitive to the infant, toddler, preschool, school-age or adolescent patient's and family's needs while preserving their dignity and right to privacy

## **FEBRUARY 2010 – MAY 2010**

## THE MEDICAL TEAM (HOUMA, LA) – HOME HEALTH RN

• Assessed, evaluated and treated patients in their home setting.

- Instructed patients and caregivers on disease process and management, medication regimen, safety, potential environmental hazards, infection control, wound care, post and pre-op care, IV therapy and home oxygen therapy
- Assessed, maintained and instructed care on medports, PICC lines, peg tubes, foley catheters, suprapubic catheters, nasogastric tubes, and tracheostomies
- Assessed knowledge of pt/caregiver and compliance to treatment and implemented care to modify needs
- Instructed on how to recognize deteriorating health status and appropriate actions to take
- Collaborated with doctors, physical therapists, social workers, nursing aides, and community resources to help patient achieve maximum functioning potential

#### **AUGUST 2005 - MAY 2010**

# TERREBONNE GENERAL MEDICAL CENTER (HOUMA, LA) – PEDIATRIC CHARGE RN

- Worked in a variety of settings caring for patients on Pediatric, Oncology, Medical/Surgical, Post-partum, Nursery, Telemetry and Cath lab floors
- As charge nurse, trained and monitored nurses and ancillary staff
- Utilized assessment skills to identify and monitor patients' needs and consulted with physicians to provide efficient treatment and intervention in patient recovery

# **EDUCATION**

2005

**BSN, NICHOLLS STATE UNIVERSITY** 

Thibodaux, LA

# **CERTIFICATIONS**

- TNCC- Trauma Nursing Core Course
- PALS- Pediatric Advanced Life Support
- ACLS- Advanced Cardiac Life Support
- CPN- Certification in Pediatric Nursing 2009-2011
- Additional certification in Telemetry and Intravenous lines.