

# LORENA MARTINEZ MS FNP-C

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## PROFESSIONAL SUMMARY

Driven and compassionate healthcare professional with five years of hands-on experience in a fast-paced hospital environment and outpatient setting. I have a strong focus on patient wellness and I believe in accountability and being responsible for all aspects of patient care. I enjoy building rapport with patients and their families, and achieved a strong reputation for providing high levels of patient satisfaction.

## SKILL HIGHLIGHTS

- Board certified Family Nurse Practitioner
- 4 years cardiac nursing experience
- 2 years experience graduate instructor
- NP board Prep-teacher
- Health promotion expertise
- Patient advocate "Patients First"
- Fluent in Spanish
- Expertise in Epic & Meditech

## PROFESSIONAL EXPERIENCE

08/2020 to 10/2020

### Nurse Practitioner

**CVS Health** — Mundelein, IL

- COVID-19 Nurse Practitioner
- Provided clinical oversight for COVID-19 testing services of multiple CVS Health testing locations.
- Clinical collaboration and oversight of pharmacy colleagues, and technical support.
- Educated patients about COVID test, results, followup care and health promotion.

10/2019 to 10/2020

### Substitute School Nurse

**BrightStar Care** — Aurora, IL

- Assessed acute injuries and illnesses and responded with appropriate intervention methods.
- Administered medications to students with ongoing conditions such as ADHD, Asthma and Diabetes.
- Assisted students with feeding disabilities by completing gastrostomy tube feedings.

04/2017 to 02/2018

### Registered Nurse, Family Practice

**Northwestern Medicine** — Aurora, IL

- Carried the role as a Triage Nurse as part of a care coordination team supporting general processes alongside the providers.
- Handled emergent/non-emergent patient telephone calls and walk in patients .
- Evaluated and assessed patients healthcare needs based on patients signs and symptoms utilizing established triage protocols and guidelines.

- Utilized standing orders and triage protocols for patient care. Managed prescription refills per protocol.
- Reported abnormal test results, care instructions to patients.
- Provided patient education e.g. chronic disease, preventive, and family.

**01/2013 to 03/2017**

**Registered Nurse, Cardiac Unit**

**Amita Mercy Medical Center** — Aurora , IL

- Monitored and analyzed cardiac rhythms.
- Specialized to in treating patients with heart disease and heart-related medical conditions.
- Treated arrhythmias as well as managed heart failure, post-MI, and open-heart surgery patients.
- Provided necessary health education training for patients.
- Demonstrated good management and organizational skills by delivering care in a timely and efficient matter.

**08/2014 to 05/2016**

**Graduate Teaching Assistant**

**Northern Illinois University** — DeKalb, IL

- Assisted undergraduate students in the learning of a variety of nursing skills.
- Have taken the teacher role in undergraduate seminars.
- Collaborated with students to assist their learning and enhancement of clinical skills.

**08/2009 to 12/2012**

**Certified Nursing Assistant**

**Amita Mercy Medical Center** — Aurora, IL

- Assisted nursing staff with collecting patient assessments and performed other responsibilities in support of unit operations.
- Provided assistance to patients with activities of daily living.

## **EDUCATIONAL BACKGROUND**

**2017**

**Master of Science:** Family Nurse Practitioner

**Northern Illinois University** — Dekalb, IL, United States

Nurse Practitioner Internships

- Provided direct care to patients with acute and chronic health problems in the clinic setting. Strong emphasis on using evidence based practice and relevant clinical research to care for patients.
- Performed comprehensive assessments that entailed health histories, and physical examinations.
- Diagnosed and developed a comprehensive plan of care. Strong advocate and educator for the patients and families.
- **Women's Health**-182 hours/ Associated Women's Health/ Fall 2017  
**Pediatrics**-182 hours/Will County Health Department /Joliet IL /Spring 2017  
**Family Practice**-182 hours/Fox Valley Medical Associates/Batavia IL/Summer 2016

**2012**

**Bachelor of Science:** Nursing

**Northern Illinois University** — Dekalb, IL, United States

## **CERTIFICATIONS AND LICENSES**

- **American Heart Association- Basic Life Support** [current]
- **Illinois APRN License** [2018-2022]

- **Board Certified Family Nurse Practitioner- AANP** [2018-2023]
- **Illinois RN License** [2012- 2022]

## **MEMBERSHIPS**

American Association of Nurse Practitioners [2018-2020]

Sigma Theta Tau -Honor Society [2015-2017]