**Rolonda Palmer**

6116 N. 117th St. | Milwaukee, WI 53225 | ropalmer4@yahoo.com | 414-364-6531

**Objective**

Motivated nurse practitioner and leader dedicated to driving top-quality patient care. Looking for a position to maximize my skills in leadership, communication, collaboration, and creative problem solving.

**Education**

University of Wisconsin-Milwaukee DNP Specialty: Family Practice May 2019

Milwaukee, WI

University of Wisconsin-Milwaukee BSN Major: Nursing December 2011

Milwaukee, WI

Milwaukee Area Technical College ADN Major: Nursing December 2006

Cardinal Stritch University BA Major: English December 1998

**Professional Experience**

**Froedtert Hospital** January 2020 to present

**Sunnyslope Health Center**

**Family Nurse Practitioner**

* + Perform focused patient histories, annual exams, hospital follow-ups, establish new patients, family planning, cervical cancer screening, immunizations and as well as episodic visits. Order diagnostic imaging, labs, and procedures
	+ Develop and implement treatment plans, monitor effectiveness of therapeutic interventions and offer counseling and education to meet patient needs
	+ Perform evidence-based comprehensive primary care management for a wide range of chronic health conditions in the adult and children population including but not limited to: diabetes, asthma, ADHD, anxiety, depression, otitis media, heat failure, hypertension, with referrals to appropriate specialties.

**Froedtert Hospital** March 2016 to December 2019

**Charge Nurse/Staff RN**

* Collaborate with physicians and other healthcare providers to establish, implement and maintain quality patient care and services
* Assist in ensuring the establishment of high quality nursing care by mentoring and training new staff to help develop a professional and collaborative nursing team
* Functioned as informal leader in resolving patient and staff issues by positive interventions
* Facilitated Care Coordination Rounds
* Managed flow of the unit based on census, patient acuity and hospital capacity
* Effectively delegated and provided supportive and cohesive team environment
* Analyzed critical situations and applying prudent decisions
* Collaborated with healthcare teams in order to maintain standards for professional nursing practices
* Made staffing decisions based on census and acuity
* Supported regulatory compliance, quality effectiveness, and a satisfactory patient experience

**Froedtert Hospital** March2013 to March 2016

**Flow Coordinator/Staff RN**

* Collaborated with interdisciplinary team to ensure accurate discharge instructions for patients
* Assist staff to support unit based activities
* Reviewed hospital census to prioritize discharge workflow based on hospital needs
* Facilitated discharges through effective consults and coordination with interdisciplinary teams
* Identified barriers to discharges and collaborate with interdisciplinary teams to resolve
* Dual role as Shift Coordinator
* Made staffing decisions based on census and acuity
* Managed flow of the unit based on census, patient acuity and hospital capacity

**Froedtert Hospital** January2006 to March 2013

**Staff RN**

* Completed physical assessments and health histories
* Administered medications, wound care and other interventions as needed
* Made critical decisions based on patient condition and need
* Notified physician of any change in medical condition
* Provided education to patients and families

**Outreach Home Health** January 2009 to January 2010

**Home Health RN/Case Manager**

* Independently provided focused one-on-one care within the home for patients
* Performed health assessments of individuals by evaluating their physical, mental and environmental health status; providing nursing interventions based on assessment of need
* Made skilled nursing observations of patients health status by monitoring and documenting vital signs, medication management and physical assessments; completed health histories and evaluations, and assessed living arrangements
* Coordinated health care services provided by ancillary personnel. Instructed patients and families on methods of positive health maintenance

**Favorite Staffing** January2008 to January 2009

**Agency RN**

* Performed clinical tasks according to hospital and agency policy
* Floated from hospital to hospital performing patient care utilizing the nursing process

**Certification**

Family Nurse Practitioner Certification: American Nursing Credentialing Center 2019 to present

Certified Medical Surgical Nurse (CMSRN) 2016 to 2022

Screening, Brief Intervention, and Referral to Treatment Training (SBIRT) 2018 to present

BLS Healthcare Provider – American Heart Association 2017 to present

Licensed by State of Wisconsin, Registered Nurse 2006 to present

**Professional Development**

* Peer Interviewer 2006 to present
* Mentor/Preceptor 2006 to present
* Received Level IV Nurse – Professional Development Pathway 2016 and 2018
* Efficient in Kronos Advanced Scheduler Software 2016 to present
* Efficient in Epic Software 2014 to present
* Chair of Charge Nurse Group 2010 to 2015
* Chair of Flow Coordinator Group 2014 to 2016
* Chair of Pain Resource Professionals 2016 to 2018
* Completed Crucial Conversations Training 2017
* Attended Wisconsin Organization of Nurse Executives Leadership Conference 2016
* Recipient of Clinical Nurse Excellence Award 2016

**Professional Organizations**

American Nurse Association – Member 2018 to present

Metro Milwaukee Nurse Practitioners 2018 to present

**References**

Sara Darby DNP, RN, CMSRN

Nurse Manager

Froedtert Hospital

414-454-7204 (office)

414-314-0849 (pager)

Sara.darby@froedtert.com

Sharnecia Norman

Associate Regional Medical Director

Froedtert & the Medical College of Wisconsin

Community Physicians

414-418-7008 (cell)

sharniecia.norman@froedtert.com

John LoGiudice, MD

Assistant Professor

Department of Plastic and Reconstructive Surgery

Medical College of WI

414-333-9351 (cell)

414-955-4263 (office)

jlogiudice@mcw.edu

Jeana Holt DNP, PhD, RN, FNP-BC, APNP

Clinical Assistant Professor

UW-Milwaukee College of Nursing

Clinical Instructor and Preceptor

414-949-1133 (cell)

jmholt@uwm.edu

Emma Jones DNP, BSN, RN, FNP-BC, APNP

Trilogy Medispa LLC

414-639-3952

Jonemma5264@yahoo.com