

# Michelle White

Murphysboro, IL 62966

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+1 618 534 9425

Highly motivated and dependable Registered Nurse. Excellent skills in time management, self accountability, communication, planning and achieving goals. Compassionate, empathetic and an outside of the box thinker. Areas of expertise are mental health, case management and working with the geriatric population. Very goal oriented, honest, strong work ethic and being a team player. Capable of working alone without direct supervision. Twenty plus years of business management experience prior to being a nurse.

## Work Experience

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### **Registered Nurse**

RESIDENTIAL HOME HEALTH - Marion, IL

September 2016 to Present

Provided mental health and home health services. Job duties include start of care, Mental health evaluations, plan frequency of visits, goals and discharge planning. Provide instruction on medications, wound care, IV therapy, provide lab draws, wound vac care, picc/central line care and follow MD plan of care as ordered. Able to work independently and schedule patient care daily, proficient in electronic charting and Oasis questions for Medicare purposes.

### **Registered Nurse**

Chester Mental Health Center - Chester, IL

May 2014 to November 2017

Responsible for passing patient medication, treatments, monthly care plans and administering prn psychotropic po and mi medication and assessment of effectiveness of medication. Responsible for initial authorization of mechanical restraints, notifying medical doctor of restraints, monitoring health and safety of patient while in restraints and assessment of patient meeting release criteria, assessment and post debriefing of patient after release from mechanical restraints. Duties also include reporting patient allegations of abuse or neglect. Responsible for meeting with the treatment team and the psychiatrist for development and implementation of a therapeutic treatment plan to achieve optimal mental health.

### **Registered Nurse**

Jonesboro Rehabilitation & Health Care Center - Jonesboro, IL

August 2015 to September 2016

Skilled Nursing care facility, specializing in rehabilitation. Responsible for trach care, picc line care and IV antibiotic administration. PEG feedings and TPN, wound vac care, surgical site care with suture and staple removal experience. IM injections, wound treatments, medication pass, admissions and discharges.

### **Registered Nurse**

ReadyLink Staffing - Thousand Palms, CA

March 2016 to July 2016

Contract with Gateway Regional Medical Center in Granite City, IL. Adolescent psych unit.

## **Registered Nurse**

Choate Mental Health & Development Center - Anna, IL  
January 2013 to May 2014

Responsible for monthly summaries, quarterlies, annuals, seizure records, menses records, monthly breast exams, and injury reports on assigned individuals, passing medications, writing notes and caring for the well-being of the individuals.

## **Senior Charge nurse and Wound care nurse**

Cobden Rehab and Nursing - Cobden, IL  
June 2011 to January 2013

430 South Front St.  
Cobden, IL 62920  
06/2011 Thru 01/2013

Specialized in residents with behavioral issues and mental illness. Worked with ADAPT program of Illinois. Held position of Senior Charge nurse and Wound care nurse. Consulted weekly with the wound doctor, implemented new treatment orders and educated other nurses on current wound treatments. Responsible for nursing and CNA education, administering medication and treatments.

## **Student**

John A. Logan College - Carterville, IL  
August 2009 to May 2011

Associate degree of Nursing

## **Full time PN student**

John A. Logan College - Carterville, IL  
August 2008 to July 2009

## Education

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### **Associate degree in Nursing in Nursing**

John A Logan College - Carterville, IL  
2008 to 2011

## Nursing Licenses

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### **RN**

Expires: May 2024

State: IL

## Skills

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- RN (10+ years)
- Home Health (6 years)
- Mental Health Counseling (10+ years)

- Nursing (10+ years)
- Experience Administering Injections (10+ years)
- Case management (6 years)
- Medication Administration (10+ years)
- Vital Signs (10+ years)
- Social Work (6 years)

## Certifications and Licenses

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### **BLS Certification**

### **CPR Certification**

## Additional Information

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### Professional References

Tamara Schuman, RN  
618-525-5250  
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Toni Rickenberg, PTA  
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Cheryl Wilson, CODA  
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Lynette Hagne, LPN  
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