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Seeking to advance skills as an emergency room nurse in a well established health care organization providing 24 years of strong clinical experience.

#### SKILLS

Works quickly and efficiently under pressure to provide immediate care while collaborating with providers and multidisciplinary team. Strong communication skills. Strong assessment skills based on vital signs, patient presentation, and initial assessment; activated specialized team when indicated.

### **EXPERIENCE**

ER Nurse / Holy Cross Hospital - Chicago, IL

04/2017 - Current

Provided initial assessment and safe care to stabilize patients in a fast-pace, 36-bed ED.

Administered critical care drugs as ordered. Assist in the care of traumas, cardiac arrests, stroke codes, sexual assaults and conscious sedation. Provided care to people across the lifespan. Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment. Communicate and collaborated with physicians and healthcare professionals to ensure optimal care is given promptly.

RN / Outpatient Services, Little Company of Mary Hospital - Evergreen Park, IL

02/2017 - Current

Provide direct nursing care to patients in the outpatient setting administering IV infusions, IV antibiotics, blood products and fluids. Accessing implanted vascular access devices and IV sites. Provide lab draws as required. Assessing, planning and coordinating patient care while collaborating with other caregiver. Collaborate with physicians and nurses to devise individualized care plans for patients. Perform routine procedures (vital sign measurements, administering injections etc.) Maintain complete and accurate patient records. Educated patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques. Assist Employee Health with day to day activities.

Cath lab RN / Little Company of Mary Hospital - Evergreen Park, IL

11/2016 - 02/2017

Pre-procedure setup and preparation including consent, labs, indications, complicating conditions, pulses, prior records of procedures, access/contrast reactions. Obtain IV access, EKG monitoring and hemodynamic setups. Pre- and intra procedural medication knowledge and administration, conscious sedation. Assist with contrast injections during angiography. Assisting physician and radiology techs during angiography and intervention procedures. Post sedation and catheterization recovery. Assist with TEE and animadversion.

Employee Health Specialist / Little Company of Mary Hospital - Evergreen Park, Chicago, IL

03/2014 - 11/2016

Provided direct nursing care and first aid to injured or sick employees. Assist employee with education for required immunizations and health screening programs for 2200 employees, physicians and volunteers. Coordinate employee mandatory testing for healthcare workers. Provided state and federally required immunizations and titer testing. Case management of work related injuries and illness. Assist helping employees with non-work related injuries/illnesses in returning work. Oversee all issues related to employee absences, leaves, and return to work/accommodation issues for the employee, including maintaining and tracking all absences related to workers compensation such as injuries, and exposures. Administer PDP testing/reading, N95 fit testing new hires, current employees and EMS preparedness.

### RN Field Medical Case Manager / Genex Services - Schaumburg, IL

05/2011 - 03/2014

Accompanied injured workers to physician/therapy appointments for assessment, plan, coordinate, implement and evaluate the injured/disabled individuals involved in the medical case management process. Intermediary between carriers, attorneys, medical care providers, employers and employee. Monitoring progress of injured worker, reporting back to the employer and insurance carrier to provide quick and cost-effective health care services leading to a medically rehabilitated individual. Coordinate individual treatment program maximizing cost containment. Acted as injured Workers advocate in explaining physician and therapists instructions. Research for alternative treatment programs such as pain clinics, home health care, and work hardening and coordinated the individual's enrollment in programs, monitors progress, to maximize cost containment, minimize time away from work. Maintained contact with all parties involved to monitor, update, and advance case activity to ensure the progress of the case. Completed insurance carrier reports on a monthly basis.

### ER Nurse / Elmhurst Memorial Hospital - Elmhurst, IL

09/2000 - 09/2011

Provide fast appropriate medical care to patients of all ages and acuity levels based on the standards of care and with in the scope of practice for the nature of the presenting complaint, illness or injury. Utilized strong assessment skills to determine necessary patient care. Relay information between patients and physicians to ensure patient comprehension of treatment plans. Evaluated patient care needs, prioritized treatment, and maintained patient flow. Accurately document all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care. Collaborates with medical staff. Extensive ER skills developed and utilized on a routine basis.

#### Director of MDS and Care Plans / Concord Skilled Care - Oak Lawn, IL

02/1999 - 09/2000

Nursing home assessment, patient care screenings, transmission.

Organizing family meetings to encourage and involve families in resident's plan of care.

Implementation of PPS, RUGs III and HCFA as it pertains to MDS/Medicare assessments.

Preparations for JCAHO accreditation.

### MDS/Careplan Coordinator / Concord Extended Care - Oak Lawn, IL

06/1998 - 02/1999

Nursing home assessment, patient care screenings, transmission. Organizing family meetings to encourage and involve families in resident's plan of care. Implementation of PPS, RUGs III and HCFA as it pertains to MDS/Medicare assessments. Preparations for JCAHO accreditation.

#### Staff Nurse / IHS - Burbank, IL

01/1998 - 06/1998

Staff nurse for sub-acute pulmonary care unit for patients with pulmonary complications, requiring various types of mechanical ventilation.

## **EDUCATION AND TRAINING**

St. Xavier University - - Chicago, IL, USA

Bachelor of Science: Nursing

# **ACTIVITIES AND HONORS**

Member of Sigma Theta Tau ENA member

# **CERTIFICATIONS**

Registered Nurse - State of Illinois ECRN Region XI, PALS - Pediatric Advanced Life Support CPR certified through American Heart Association Advanced Cardiac Life Support (ACLS) CPR certified through American Heart Association

# **INTERESTS**

Serving as OLCHS School District 229 elected board member, Oak Lawn Outlaws Youth Football and Cheer Organization volunteer board member and cheer coach since 2010-2016. Oak Lawn Community High School Booster club member Team mom OLCHS Football 2015, 2016, Volunteer with Boy Scouts Troop 481